

TRABUCO HILLS HIGH SCHOOL

# MUSTANGS

F O O T B A L L



2 0 2 3





Every **SMILE**  
on the face of a child  
**FIGHTING CANCER**  
is a **TOUCHDOWN**.  
You can encourage them to  
**NEVER EVER**  
**GIVE UP!**

## HELP TACKLE CHILDHOOD CANCER



Join our global community of  
champions spreading joy to kids  
fighting cancer. Join the team at  
[negu.org/volunteer](https://negu.org/volunteer)



Jessica Joy Rees:  
4/8/99-1/5/12



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### JESSIE'S WISH...

"Please help every kid fighting cancer to Never Ever Give Up!"

*Jessie* ♥

### THANKS TO PEOPLE LIKE YOU...

historical impact since 2011

**\$32 Million+**

Raised to encourage kids  
& families to NEGU

**425,000+**

JoyJars® sent to  
Courageous Kids

**21,000+**

Families supported  
through ClubNEGU

**\$2.5 Million+**

Gifted for Hope  
for the Holidays

**500,000+**

Social media  
followers

**43,500+**

Volunteers  
Engaged



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## TRABUCO HILLS ALMA MATER

Scholars and champions

United are we

Striving together

We pledge our loyalty

To our Trabuco Hills

Hail, Trabuco Hills

We will stand by you

In the fight for victory

The mighty grey and blue

We believe in you

In our hearts forever

Mustangs we are.



# ADMINISTRATIVE MESSAGES

Welcome to the 2023 Mustang Football Season!



As the Principal at THHS I am honored to celebrate the hard work and dedication of our athletes. In my four years as the principal, I have watched Coach Nolan and his staff demonstrate a tremendous amount of hard work and enthusiasm to prepare our players for the season and ensure our athletes are ready to represent our school with Mustang pride. We know our players not only compete to the best of their ability on the field but off the field as well. Our coaches are not only teaching our players the skills for football, but also life-long lessons in hard-work, dedication, perseverance, and teamwork. They are able to count on each other and be counted on by their classmates, teammates, and coaches.

I want to thank everyone that has supported our football program. The time, effort, and financial contributions made by our booster parents, community, and school staff demonstrate why we are able to provide our athletes with a first-class football program. We look forward to the support of all of our fans and recognize that when we take the field it is about more than wins and losses. This has already been a season to remember, and I could not be prouder to cheer on Coach Nolan, his staff, and the young athletes who bleed blue for Trabuco Hills High School!

Go Blue!

Alicia Foulk  
THHS Principal



The student-athlete experience at Trabuco Hills High School is unlike anything I have ever been a part of. Nothing epitomizes this more than the Football Program at THHS. Coach Nolan and his staff create powerful moments for our kids that they will remember for the rest of their lives. They are teaching our student-athletes not just the art of football but how to become better human beings through hard work, dedication, perseverance, and respect for one another. Coach Nolan and his staff are committed to our school community and instill the values of service in each and every student. Service to the community is the Mustang Way.

Please contact our athletics staff to learn more about how you can get involved in service to the Trabuco Hills High School Football Program.

Go Blue!

Michael Magnera  
THHS Assistant Principal, Athletics



# ADMINISTRATIVE MESSAGES

Welcome Mustang Families to the 2023 Trabuco Hills Football Season.



As always, we begin the year with a tremendous amount of enthusiasm, optimism, and excitement. It is our hope to have another great season, filled with a lifetime of memories. The amount of work put in by our student-athletes, coaches, trainers, and parents, throughout the season is both impressive and admirable. Coach Nolan, along with his entire staff, our Mustang Student-Athletes will compete, play hard, and exemplify our school in a proud fashion. As a tribute to our athletes, we as fans and spectators must demonstrate the same class and dignity when dealing with opposing fans, officials, and with each other.

To our students and community- We truly believe that being part of our high school is very exciting and rewarding. As a community, we work in partnership in providing a spirited, safe, and positive experience for our student-athletes. We have established a very strong athletic program, which values integrity, class, and teamwork. There is something very special about being a student-athlete at Trabuco Hills High School. Thank you for your ongoing support and loyalty of Trabuco Hills Football.

Carlos Leon  
THHS Athletic Director





# BOOSTER PRESIDENT MESSAGE



My family and I have been involved with Trabuco Hills Football since Coach Nolan arrived in 2019. At that time, our oldest was an incoming freshman and we were introduced to coach at the freshman parent meeting that August. I was immediately impressed by his enthusiasm, experience and methodical approach to building a program. In our case, it was a total rebuild of a fantastically successful program, a program that lifted a CIF Championship trophy 3 times in its first 10 years of existence.

I'm happy to say that this program has turned around and its future has never looked brighter! The roster has grown in size, the roster has improved its classroom performance, the bar of accountability and the team culture has vastly changed. The coaching staff has been retained at a very high rate and it has grown in number very close to coach's desired level. Improvement has occurred on the playing field as well, CIF appearances in all three complete seasons playing very good opponents. In June, coach's first full class of athletes graduated from Trabuco Hills enriched by their football experience and are moving on to great things (my oldest son included!).

The THHS Touchdown Club has been rebuilt at the same time with the gracious commitment of a whole bunch of parents just like you!! The THHS Touchdown Club in cooperation with Coach Nolan, has helped expand and modernize the weight room in the 800 building, has modernized the approach to feeding our athletes in the manner and timing that coach's program dictates, has increased both the number of and loyalty of local sponsors, managed our opponent schedule to take advantage of costs that the district will pay for and finally brought the program out of the red through some of the toughest times we will all encounter in our lives. That is the It is now, onward and upward.....continuous improvement is the goal for your athlete and for our booster club. Please join us, help out somewhere every week....help feed our athletes, take pictures on the field, work the varsity snack bar, be part of the chain gang....help us make the week of practice, Friday nights (and Thursday afternoons) a wonderful experience for the athletes, their parents, the grandparents and all who attend our contests!!

Lastly, It is my personal feeling that the high school football experience is a seminal moment in your child's life. No matter their ability, successes or failures on the field.....they will never forget high school football. These are formative experiences that can and will positively impact and shape your child's future. So, lets make the experience as memorable and positive as possible for them!

Let's Go Mustangs!! Lionchasers!! Go Blue!!

Mike Fitch  
President





# BOOSTER BOARD

## BOARD MEMBERS

Mike Fitch – President

Rhonda Stroebe – Vice President

Leann Schweer – Secretary

Ryan Hoffman – Treasurer

BreeAnn Zack – Events Director

Natalie Frailey – Volunteers Director

Beth Schwartz – Fields Director

Diana Hayes – Team Meals Director

Brianna Sarabia – Snack Bar Director

## COORDINATORS

Cherise Richey – Media Guide

Davina Hemmes – Game Day & Banners

Erin Webber – Freshman Team

Leann Schweer – Spirit Wear

Jillian Gray – Dine Outs

Kristi Palmese – Varsity Friday Meal

Kris & Jessica Oftebro – Varsity Saturday Meal

Liz Gray – JV Team Meals

Katy Yarter – Freshman Team Meals

Dave Hall – Website

Terry Dmytrowicz – Snack Bar

Adam Hemmes – Scoreboard



*class of*  
**2024**  
C O N G R A T U L A T I O N S



# HEAD COACH MARK NOLAN



Coach Mark Nolan is now in his 5th season as the Head Coach at Trabuco Hills, leading the Mustangs to the CIF Southern Section Semifinals in his first season with the Mustangs. Coach Nolan believes in the principles of a holistic education, which includes the development of the total person and that football is a great vehicle to make a lifelong impact on a young person.

Coach Mark Nolan earned his Master's Degree in Education from Willamette University while simultaneously coaching the defensive line ('95) and defensive backs ('96). Furthermore, Coach Nolan received his bachelor's degree in History from Willamette University in 1995, where he lettered four seasons as a defensive back and earned all-conference honors as a junior and senior. Mark also lettered four times in track (sprints and relays) and is a record holder to this day.

After Willamette University, Mark moved on to Gilbert High School (AZ) and was an Assistant Varsity Coach for both football and track from 1997-2002. While at Gilbert, Coach Nolan coordinated the special teams. He also won Teacher of the Year accolades and was runner up for a second time. Coach Nolan then spent the 2003-2005 seasons at Brophy College Preparatory, a Jesuit Institution. The Brophy Broncos won the state championship for Class 5A in the 2005 season. Coach Nolan was the Defensive Coordinator and Head Track Coach during his time at Brophy. After Brophy, Mark was the Director of Recruiting for University of Colorado for three seasons (2006-2008). At CU, they signed a Nationally Ranked Top 15 recruiting class and Coach Nolan was able to work with the DB's for one season and the Offensive Line for two years. Mark was at Regis Jesuit, in Denver for the 2009-2014 seasons, where he served as Head Football Coach and Offensive Coordinator, with three of the top five all time scoring offenses in the school's 90 year history occurring during his tenure. While at Regis Jesuit, Mark also served as Strength and Conditioning Coordinator and taught in both PE and Social Studies departments. In 2010-2011, Mark was awarded Teacher of the Year at Regis Jesuit. In 2015-2016, Mark served as Head Football Coach and Defensive Coordinator at Notre Dame Prep while he was also teaching in both PE and Social Studies. In 2017, Mark was Defensive Analyst for the UC Davis Aggies in California. In 2018, Mark was back in AZ as the DC for the Chaparral Firebirds while he was teaching in both Social Studies and PE. The Firebirds posted 2 of the top 10 leading tacklers in the state of AZ in 2018.

During his career, Coach Nolan has received seven (7) Coach of the Year Awards as well as being a PCA finalist. Over 3 decades, Mark Nolan has coached several different All-Conference and All-State players as well as collegiately recruited several players that are currently playing in the NFL. These numbers are as follows: 8 into Special Forces, 22 into the NFL for various lengths of time, and as a head coach, over 70 placed into college football programs. Mark Nolan has been married to his wife, Aspen, since 1997. They have three children – a daughter and two sons. Mark attends and actively serves in a church near his home.



# MUSTANG COACHES



## **Michael Talafus – Varsity/JV Offensive Line**

Coach Talafus is a 2012 Trabuco Hills alumnus and a D1 offensive lineman who played for San Jose State University from 2012-2016. He played all positions on the O-Line during his college career but saw most action at center. Coach Talafus feels very fortunate to have been coached by three O-Line coaches at SJSU, who all moved on to coach in the NFL. Adam Stenavich (Green Bay Packers O-Line Coach), Hank Fraley (Detroit Lions Assistant O-Line Coach; Center for Eagles in Super Bowl XXXIX), and Keith Carter (Tennessee Titans O-Line Coach).



## **Joe Silvey – Varsity Defensive Coordinator**

Coach Silvey returns to the Mustang football staff this season to coordinate the defense. Over 29 seasons in Orange and San Diego counties, the teams on which he has coached have appeared in eight CIF championship games and captured six titles (including the most recent Trabuco Hills championship in 2014). Players he has coached have continued their careers at schools such as Vanderbilt, Colorado, San Jose State, BYU, Harvard, Dartmouth, Trinity, Air Force, Villanova, and UC Davis.

Coach Silvey played linebacker at Mater Dei High School in Santa Ana and continued his education at Princeton University in New Jersey. He currently teaches sophomores and juniors as a member of the English Department at Trabuco Hills. He and his wife, Jennifer have raised three children together and reside in Aliso Viejo.



## **Derick Milgrim – Varsity Offensive Coordinator/ Wide Receivers**

Coach Milgrim returns for his fifth year on the Mustang Football Staff, and his third year as the offensive coordinator. He will continue to work with the Wide Receivers and the JV team as well. He has been coaching high school football since 1998, including stops at Claremont, Don Lugo, Laguna Creek, and Cosumnes Oaks High Schools, where he was part of 10 League Championships and 17 playoff appearances. He has served as Head Freshman and JV Coach, varsity assistant coach working with QB's, RB's and WR's, and Head Varsity Coach from 2014 – 2018 at Cosumnes Oaks HS in Elk Grove, CA. Players he has coached have continued their careers at schools such as UCLA, UC Berkeley, Oregon, Washington, Oregon State, Duke, Nevada Reno, UNLV, Air Force Academy, San Diego State, Utah State, Cal Poly SLO, Sacramento State, UC Davis, Weber State, Idaho State, Montana State, and Idaho.

Coach Milgrim played Quarterback at Claremont High School and continued his education and athletic career at The University of Kansas, before transferring and graduating from Claremont McKenna College. He later received his teaching credential and Master's in Education from the University of La Verne. He currently teaches English here at Trabuco Hills and feels very fortunate to get to work on the same campus as his wife Melissa. Together they are kept busy by their daughter Madison.



# MUSTANG COACHES



## **Andrew Nielsen – Varsity Safeties**

Coach Nielsen will be entering his first year as a coach and English Teacher at THHS this school year. Prior to coaching and teaching at THHS, he worked at Hart High School as an English teacher for three years and an assistant coach on the football team for two seasons. At Hart, Coach Nielsen worked with defensive backs, receivers, and specialists on the varsity football team. Additionally, he attended Hart High School as a student and participated in the football program for all four years. As a player, Coach Nielsen started for the CIF SS Northern Division Championship team in 2013, while also earning All-League, All-CIF, and All-State honors as a K/P from 2013-2015. He also currently holds three separate records at Hart High School, including Career PATs (156), Career Field Goals (18), and Longest Field Goal (54 yards). After high school, he earned an undergraduate degree at UCLA before completing a teaching credential program at CSUN.

Coach Nielsen is excited to integrate himself as a valuable member of the THHS community both as a coach and teacher. He will be teaching ninth and eleventh graders as a member of the THHS English Department this year. He currently resides with his wife, Sawyer, in Lake Forest.



## **Taylor Schad – Varsity Defensive Line/JV Head Coach, Defensive Coordinator/Defensive Line**

Coach Schad grew up in small town Oregon and played multiple sports in high school. After graduating Cascade High School, Coach Schad played college football at Pacific in Forest Grove, Oregon, where he earned his undergraduate degree. Coach Schad was hired in 2019 to join our Science Dept and teach Physics here at THHS. Along with coaching the Defensive Line for the Mustangs, Coach Schad also coaches the Shot and Discus for the Boys Track Team.



## **Jim Cavallo – Varsity Cornerbacks/JV Defensive Backs**

Coach Cavallo is entering his 45th season of football this fall having played high school, college and professionally. Jim played WR/DB/K/P at Weymouth High School in Massachusetts, then Northeastern University in Boston, where he played WR/DB and signed with the Tampa Bay Buccaneers. He went on to play in the NFL Europe and MLFS Minor League football system.

Jim has three children - James, Allison and Joseph, all playing sports in college. Jim has spent the last 17 years coaching in various roles at Duxbury High School, MA, where he was a WR/DB/OL Coach, Scout and Data Analytics, before coming to Trabuco Hills. Along with coaching 17 years, he was part of 5 state championships, 2 second place finishes and 15 league titles.

# MUSTANG COACHES



## **Luke Herzog – Varsity Tight Ends/JV Offensive Coordinator, Tight Ends/Special Teams**

This will be Coach Herzog's 3rd season as the Varsity Tight End's Coach for our Trabuco Mustangs, and his 2nd season as the Junior Varsity Offensive Coordinator. Coach Herzog grew up in Irvine where he competed in multiple sports including Football, Wrestling, and Volleyball for Northwood High School. After graduating from Northwood, Coach Herzog served in the United States Marine Corps from 2010-2015, and deployed to Afghanistan in 2012 in support of Operation Enduring Freedom. In 2022, Coach Herzog graduated from Western Governors University with a Bachelor of Science in Science Education, and this is going to be his 2nd year teaching Living Earth Science.



## **Alex Bridgford – Varsity/JV Quarterbacks**

Alex is from Mission Viejo and is in his 3rd season coaching QB's for the Mustangs. He played youth football for the Mission Viejo Cowboys, in high school at Mission Viejo High School, and in college at both University of Redlands and USC. After college, he played one season in Europe and won the 2017 Swiss National Championship with the Luzern Lions. He has been doing private/group training for the last 7 years around Orange County. Alex works off campus as a commercial real estate broker for CBRE, providing transaction advisory services to occupiers and owners for both leasing and investment sales in Southern California. His wife, Sammi Bridgford, is an English teacher at Trabuco Hills. They have two cats, Phoebe and Joey.



## **Dan Overman – Varsity Linebackers**

Dan Overman is entering his second season with Trabuco Hills High School as a football coach. After coaching for more than a decade with local youth sports programs, he's excited to be back coaching in High School. He is a graduate of El Toro High School where he competed in multiple sports. Currently, he owns a steel distribution company in Anaheim. Overman has a passion for sports and competition, as well as helping athletes achieve their goals on & off the field.

**YEARS COACHING:** 13 years, 2nd year at THHS

**FAMILY:** Husband to Megan and father to Cooper, Riley and Wyatt



## **Eric Hassett – Varsity Running Backs**

This is Coach Hassett's 9th year coaching football, and second year serving as an assistant coach at Trabuco. Coach Hassett joined the Mustangs staff last year as a Wide Receiver coach and will work with Running Backs this year. He began his coaching career with Santa Margarita Pop Warner where he coached QBs and WR's at various levels. In 2021, he helped lead the Junior Varsity Eagles to an Orange Bowl victory, WESCON win, and 2nd in the nation at the Pop Warner Super Bowl in Florida. He and his wife Wendy have 2 children. They reside in Mission Viejo and enjoy swimming, mountain biking, and spending time outdoors.



# MUSTANG COACHES



## **Jon Moore - Varsity Offensive Assistant/Offensive Line**

I began coaching football through SVUSD Pop Warner, where I served two years as both an Assistant and Head Coach. I also served as an Assistant and Head Coach for Matt Leinart Flag Football. Most recently, I served two years at EL Toro High School as both JV Offensive Coordinator and Defensive Coordinator and Varsity coach of Linebackers and Running-backs. I am excited to be joining the THHS football team as an offensive assistant and Offensive line coach.

Professionally, I am a Registered Nurse working as a Director of Nursing for SCA health.

Personally, I am married to my wife Jenn for 24-years. I have two Kids. Audrey 20-years old and a junior at Chico state. Cooper 18-years old and a senior at Mission Viejo HS.



## **Jeff Bovay – Varsity Specialists, Place Kickers, Long Snappers, Punters**

Coach Bovay earned his Associate of Arts degree from Southwestern College and his Bachelor of Arts degree in Business Administration from Sonoma State University. His collegiate experience is extensive in both soccer and football, in addition to playing semi-pro football for the North Bay Rattlers; winning two undefeated championships.

Jeff was recruited from Southwestern College to replace the #2 rated kicker in the nation for D2 colleges. While playing football for Sonoma State University, Jeff helped his team earn the NCAA Championship and as a team was inducted into the school's hall of fame. He was a kickoff specialist and never had a kickoff returned for a touchdown. He had a very successful extra point and field goal conversion rate.

In addition to being a collegiate athlete, Jeff has coached high school track and field and soccer. His philosophy in coaching is the whole athlete with a strong emphasis on mentoring each player with fundamentals, strength, and conditioning. He often says to players "It's all about the little things."

Jeff's family is his top priority. His twin daughters and wife of 30 years are the most important people in his life. He has strong family values and works to lead by example for others. Coach Bovay is looking forward to working with the THHS players and excited to see the Special Teams excel.

# MUSTANG COACHES



## **JT Ayers – Speed Trainer**

Coach JT Ayers is a 3-time Orange County Track Coach of the Year (2013, 2016, 2020) and is entering his 19th year of coaching Track and Field. Coach Ayers led his team at Orange Lutheran High School to its first CIF Division 3 Championship in 2013. After that, he took over at his Alma Mater, Trabuco Hills High School, as Head Coach of the boy's team in 2014. Since then, his athletes have broken 43 grade levels and 15 school records, 3 All-Time Orange County Records, and the team has been ranked #1 in Orange County 6 different years (2015, 2016, 2018, 2020, 2021, 2023).

This is Coach Ayers first year back coaching football since 2010 where he coached defensive backs at Trabuco. During his tenure the Mustangs reached 2 CIF Championship games and the coaching staff was selected as Coaches of the Year and coached in the 2009 OC South vs North All-Star Game. Coach Ayers received his B.A. in History from Cal Poly San Luis Obispo, and his Teaching Credential and Masters in Coaching and Athletic Administration from Concordia University, Irvine. He is currently running a speed developed business, Coach Ayers Performance - [www.coachayers.com](http://www.coachayers.com) - for youth and high school athletes, has published work in ([SimpliFaster.com/articles/mass-specific-force-lifting-sprinters](http://SimpliFaster.com/articles/mass-specific-force-lifting-sprinters)), and teaches in the Social Studies Department (freshman football class) at Trabuco as well. Coach also hosts one of the top podcasts in Track and Field titled: OnTrackandField. You can follow him and the team on Twitter @CoachJTAyers [twitter.com/Coachjtayers](https://twitter.com/Coachjtayers). Coach Ayers has been married to his best friend Jess for 19 years and has 4 active kids.



## **Luke Sampson – Weight & Strength Training**

Coach Sampson has been coaching for three years now and is on his second year with the Trabuco Hills Mustangs. He is a former Trabuco Hills Mustang football player himself and graduated in 2016 where he then went to California State University of Fullerton and graduated with a bachelors in Kinesiology with a concentration in strength and conditioning. Coach Sampson works in the weight room as a strength coach and his main goal is to push his players to their physical limits and get them to be as powerful and explosive as possible while remaining healthy and injury free. When coach Sampson is not working with the Mustangs, he is either working out himself or preparing recruits, candidates, and poolees before they ship out for their military basic training. Coach Sampson has a passion for helping individuals see the limitless potential that they have and works to break them free so they can go on to do things that they never thought were possible.



# MUSTANG FRESHMAN COACHES



## **Jesse Dorn - Head Freshman Coach, Offensive Coordinator, Quarterbacks**

Coach Dorn has been teaching and coaching at THHS for the past 8 years. Prior to that, he was a teacher and coach on the Central coast for 10 years. This is his 8th year coaching high school football at THHS and his 7th year coaching baseball. He currently is the Freshman Head Coach and Offensive Coordinator. He teaches math classes at THHS and enjoys seeing student athletes perform on the field.

He is most excited about meeting the new freshman football players to start the year and is eager to get on the field and begin working with them. Coach Dorn says "It's a privilege to get to work with all of our student athletes and begin making bonds and memories as a team. I look forward to another great year for our Mustang football program."

Coach Dorn is married and has two beautiful daughters that frequently come to support the Mustangs. Away from school, he enjoys spending time with family and friends and traveling to new parts of our country.



## **Kevin Pierce - Freshman Special Teams/Assistant Linebackers, Running Backs**

Coach Pierce returns to the Mustangs for his 7th season as the Linebackers Coach on the Freshman staff. He played fullback at Shaw High School in Cleveland, OH, where he was a three-year letterman. Coach Pierce proudly served in the U.S. Air Force from 1982-1992. While stationed in England he was deployed to serve in the Desert Shield/Desert Storm War in 1991.

He and his wife Kimberly have raised three children. Kaneisha (2006 THHS Graduate), Kevin II (2008 THHS Graduate, CIF-SS Football runner up) and James (2015 THHS Graduate, CIF-SS Champion). Nicole, his granddaughter, is a future 2025 THHS graduate. Coach Pierce also serves with the Veterans Ministry at Saddleback Church since 2016.



## **James Pierce - Freshman Special Teams Coordinator/Assistant Linebackers/Running Backs**

Coach James Pierce is back for his 7th season as an Assistant Coach on the Freshman staff coaching Running Backs and Linebackers. He joins his father Kevin Pierce Sr as part of the THHS football coaching staff. James is a THHS alumnus (class of 2015). He was a three-year varsity letterman, playing both running back and fullback. He brings championship experience as a member of the 2014 CIF Southern Section Champions.

# MUSTANG FRESHMAN COACHES



## **Matthew Bowman - Freshman Defensive Coordinator/ Assistant Offensive Line, Defensive Line**

This year will be the 18th year Coach Bowman has been coaching football. He began his coaching career at his alma mater, McFarland High School (CA), where he played QB and DB. After 2 years he moved on to Orange Lutheran for 1 year where he coached DBs under legendary coach Jim Kunau. He then moved on to coach special teams and DBs for the inaugural season of Crean Lutheran High School in Irvine. Coach Bowman was on staff at Crean Lutheran for 9 years, serving in various capacities; the last 6 years as Defensive Coordinator. In his 6 years as DC, the Saints experienced their greatest success in program history. In 2015, the Saints were CIF Semi-Finalists before losing to eventual champions SVC. In 3 playoff games, Coach Bowman's defense only allowed 12 points per game.

In 2016, Coach Bowman was promoted to Head Coach of Crean Lutheran. He led the Saints to 2 winning seasons, compiling a 13-8 record, making the playoffs in his second season, before losing to eventual CIF champions Katella. Coach Bowman's defense produced the Academy League Player of the Year three years in a row.

Coach Bowman joined the Mustangs staff as the Defensive Backs Coach and Special Team Coordinator in 2018. This year, he will serve as the Freshmen Defensive Coordinator. He teaches Math on staff at Trabuco Hills as well. He and his wife Kimberly have 3 wonderful children. They reside in Laguna Hills and enjoy reading Theology and spending time outdoors.



## **James Hennings – Freshman Tight Ends/ Defensive Backs**

Coach Hennings grew up in Mission Viejo and is in his third year of teaching and coaching at THHS. He joined the Math Department and the coaching staff in 2020 and brings a competitive spirit and a love of education to our team.



## **Will Stanton - Freshman Wide Receivers/Defensive Backs**

Coach Stanton is returning for his 3rd season for the Mustang Freshman Football Team. He graduated from Hanford West HS in the Central Valley, played receiver and corner at Occidental College in LA, and also played 1 year abroad in the UK. He is a math teacher here at THHS. "It's a great day to be a Mustang!"



# MUSTANG FRESHMAN COACHES



## **Jim Farbaniec – Freshman Offensive/Defensive Line**

Coach Farbaniec grew up in Mission Viejo and has several family and friends in the community. He attended Trabuco Hills from 1986-1990, and this will be his first season coaching freshman football at Trabuco. He graduated from UC Davis in 1994 and played football during his freshman year. He's fortunate to have a wonderful wife, Julie, who also grew up in Mission Viejo. They enjoy hiking, traveling and spending time with family & friends. Coach Farbaniec began his real estate career in 2004 with the Irvine Company and created his real estate brokerage, domu Real Estate, in 2018. He's excited to help the Mustang student athletes and hopeful for a great season!



# MUSTANG SUPPORT STAFF



## **Art Ramos – Varsity Scout Team/Football Operations/Team EMT**

Art is in his 9th year as the Mustangs' Team EMT assisting the Athletic Trainer. He is a THHS Class of 1989 alumnus, earning 3 wrestling and one football varsity letters. Art played offensive, defensive line, and long snapper for the Mustangs.

Art worked 7 years as a reserve for the Orange County Fire Authority, has worked at 3 ambulance companies serving as Field Training Officer, Field Supervisor and Emergency Management Manager.

Currently Art works at Children's Hospital of Orange County as an EMT in the Recovery Center. He has also worked for the Emergency Transport Team, Pediatric ICU, and has over 20 years of Pediatric and Neonatal experience.



## **Scott Nastase – Team Athletic Trainer**

Scott Nastase joins Trabuco Hills High School staff as the Certified Athletic Trainer. Born and raised in California, Scott completed his Bachelor of Science in Sports Medicine at the University of the Pacific. Scott has over a decade of experience as an Athletic Trainer working with various levels of collegiate and high school athletics. Continuing his education, Scott earned his Master of Arts in Education from the University of Redlands. With his degree in education he has also been teaching various sports medicine classes for local high schools and community colleges. Scott resides in Orange County and is expecting his first child with his wife Kaitlyn this August.



## **Mike Canett – Equipment Manager**

Mike started his career as an Equipment Manager at El Toro High School in 2003. He then moved on to work at Trabuco Hills High School, the school he graduated from in 1990, to manage for the Mustangs where he has fond memories in the locker room and football field. In 1989 he played as a Defensive Back/ Corner, for Trabuco, and achieved a remarkable season by winning the CIF Championship. He resides in Laguna Niguel and enjoys spending time with family and friends.



## **Dennis Kelly – Mustangs Home Game Announcer**

Varsity Football Announcer Dennis Kelly begins his 22nd year teaching English 2 and English 4 at Trabuco Hills High School. Currently, Coach Kelly is also the head coach for Girls Cross Country and Girls' Track And Field. Mr. Kelly is a graduate of St. John Bosco HS in Bellflower and CSU Dominguez Hills in Carson, where he earned a Bachelor's and Master's degrees in English. He shares a passion for Notre Dame Football and LA Dodger Baseball, he is active in all things Trabuco Hills HS, and looks forward to the 2023 football season. Go blue.



# VARSITY TEAM MANAGERS



## **Olivia Barbara – Team Manager**

This is Olivia's second year as a team manager and she will be managing the JV and Varsity teams. She is a current senior and is also a cheerleader on the Varsity Pep Squad team. When she's not cheering or managing, she likes hanging out with friends and going to the beach.



## **Lauren Hassett – Team Manager**

Lauren Hassett manages the Varsity football team at THHS. This is her second year as a Varsity manager. A current senior, she is also the President of the Trabuco Hills Academic Decathlon team. Outside of school, she enjoys spending time with family and friends and traveling.



## **Alex Castro – Team Manager**

This is Alex's first year as a JV and Varsity manager for the Trabuco Hills Football team. She is a junior competing on the THHS Track and Field team as a discus and shot put thrower. Alex loves arts and crafts and a fun fact about her is that she has 10 pets.



## **Hailey Smith – Team Manager**

This is Hailey's first year as a JV and Varsity manager for the Trabuco Hills Football team. She is on the THHS Track and Field team as a discus and shot put thrower and is a junior. Hailey is a member of the Trabuco Hills Med Sci program as well as the Spanish club.



## **Emma Gianneschi – Team Manager**

Emma is a transfer this year at THHS and is an incoming junior. At her previous school she was a football manager and decided to continue doing that at THHS. She has a passion for this sport and cares about the team and the players. A fun fact about her is that she used to play soccer.



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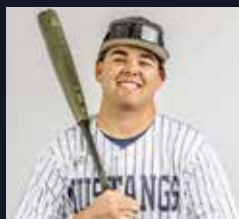
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@THHS Football

									
HOME 08	09	09	HOME 09	HOME 09	HOME 09	10	HOME 10	10	10
24	AWAY 01	AWAY 08	15	22	29	AWAY 06	13	AWAY 20	AWAY 27

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# SENIORS



Noah BARRETT

#85

TE/FB



Taylor BOWIE

#35

OLB/MLB



Aidan BOWMAN

#66

OLB



Liam BOWMAN

#65

OLB



Roman BRAGA

#53

DT



Brody BROWN

#72

DE/T



Joey CARLOS

#34

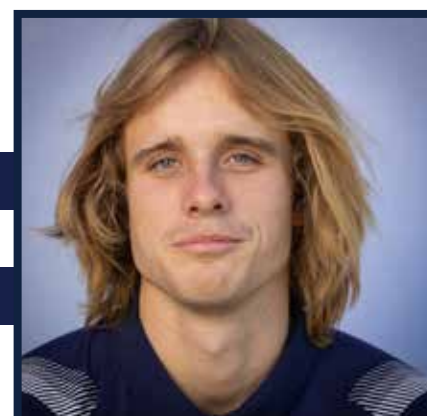
OLB



Kenji GONZALES

#8

CB



Ben HOLLAND

#3

FS/WR



# SENIORS



Yusuf KAYA

#77

G



Tumelo MAIEANE

#82

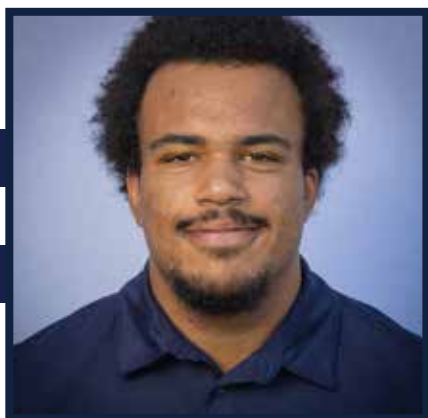
WR



Ryan MANDA

#5

CB



Jalen MCDOWELL

#40

DE/OLB



Seth MERCADO

#27

OLB



Logan MOLINA

#29

SS



Fred MURJADI

#45

FS



Kyle OFTEBRO

#44

OLB/MLB



Cooper OVERMAN

#80

TE

# SENIORS



Jacob PERRY

#7

QB



Riley PINVIDIC

#31

RB/OLB/M



Ethan PLOTKIN

#4

CB



Bayani REED

#46

WR



Vincenzo REY

#17

CB



Ethan SCHWARTZ

#12

K/P



Lucas SHORT

#6

WR/CB



Charles "CJ" SHY

#36

DE



Jaden WEBBER

#10

FS





# JUNIORS



Ethan APOSTOL

#18

CB



Jaedyn BERRY

#90

DE/NG



Zach CHRISMAN

#30

CB



Danny FRAILEY

#22

MLB/TE



Mikey GRAY

#21

TE



Tristan GUTMAN

#32

OLB/RB



Maxwell HALES

#70

T/G



Jeremy HERNANDEZ

#39

RB

# JUNIORS



**Anthony HERNANDEZ**

**#50**

**MLB**



**Daniel HERRERA**

**#24**

**WR**



**Ryan IRVANI**

**#43**

**OLB**



**Spencer JAMES**

**#62**

**DT**



**Alex KIERNAN**

**#11**

**WR**



**Brandon KOLB**

**#70**

**T/G**



**Ryan LUCE**

**#2**

**WR**



**Matthew MISIEGO**

**#42**

**TE**



**Kaylee MORTON**

**#38**

**RB**



# JUNIORS



**Raddux MOSCOSO**

**#26**

**FS**



**Jessy MOSS**

**#47**

**RB**



**Jacob NEEMAN**

**#88**

**FS/CB**



**Jason PALMESE**

**#52**

**C/G**



**Aiden PUIG**

**#57**

**MLB/OLB**



**George QUINTANILLA**

**#51**

**DT**



**Oliver ROEDER**

**#73**

**G**



**Jonathan SAENZ**

**#15**

**WR**



**Tyler SCHMALTZ**

**#9**

**DE**



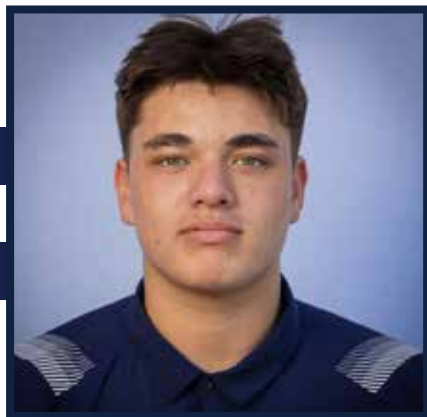
# JUNIORS



Jayden SERINO ST. CLAIRE

#81

WR



Greg SHADE

#74

T/G



Ayan SHARMA

#67

G



Lucas SILVA

#47

WR



Dominick STROEBEL

#19

QB



Izaac STROMAN

#68

G



Holden TROWER

#2

C



Kevin VALLYSEDIGH

#76

NG



Ryan WEISKITTEL

#33

FS



# JUNIORS



Landon WILDER

#28

FS/SS



Caedmon WOOD

#71

G/C



Landon ZACK

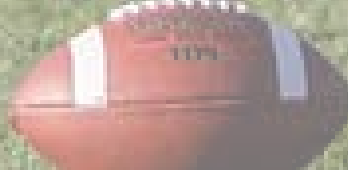
#27

SS/OLB





# SOPHOMORES



**Art AZEMI**

**#25**

**WR**



**Andrew BATAYOLA**

**#34**

**MLB**



**Christian BOX**

**#18**

**WR**



**Anthony BUI**

**#8**

**CB**



**Kal-EI BURNETT**

**#20**

**RB/CB**



**Fernando  
CONTRERES-GUTIERREZ**

**#64**

**DE/DT**



**Anthony COSTALES**

**#56**

**G**



**Chase CRUZ**

**#84**

**TE**



**Austin DAHL**

**#53**

**OLB**





# SOPHOMORES



**Jordan DODDRIDGE**

**#3**

**WR**



**Ryan DYMROWICZ**

**#80**

**MLB**



**Elias EL-KANJ**

**#80**

**MLB**



**Joshua FITCH**

**#9**

**WR**



**Corbin GEISSMAN**

**#82**

**TE**



**Fearghus GRAY**

**#85**

**K/P**



**Jack GRAY**

**#11**

**WR**



**David HEMMES**

**#70**

**T/G**



**Joshua HUGHES**

**#66**

**DE/TE**

# SOPHOMORES



**Matthew HUGHES**

**#65**

**DE**



**Mitchell KRIKORIAN**

**#42**

**MLB/OLB**



**Emanuel MARQUINA**

**#77**

**G/T**



**Billy MCALEXANDER**

**#23**

**OLB**



**Hunter MIGGE**

**#61**



**Beckett MILLER**

**#63**

**G/T**



**Ari MOHEBI**

**#12**

**SS/K**



**Hunter NELSON**

**#4**

**WR/CB**



**Kameron OFTEBRO**

**#44**

**OLB/MLB**



# SOPHOMORES



**Kyle PARRINO**

**#17**

**CB**



**Landon POMPEY**

**#16**

**QB/WR**



**Corban POTAWSKY**

**#74**

**G/T**



**John QUIROZ**

**#5**

**FS**



**Ryder REAVELY**

**#99**

**C**



**Skyler RICHEY**

**#31**

**OLB/SS**



**Clayton SCHULTZ**

**#10**

**RB**



**Connor STEPHAN**

**#55**

**OL.**



**Ka'Mon WOODS**

**#35**

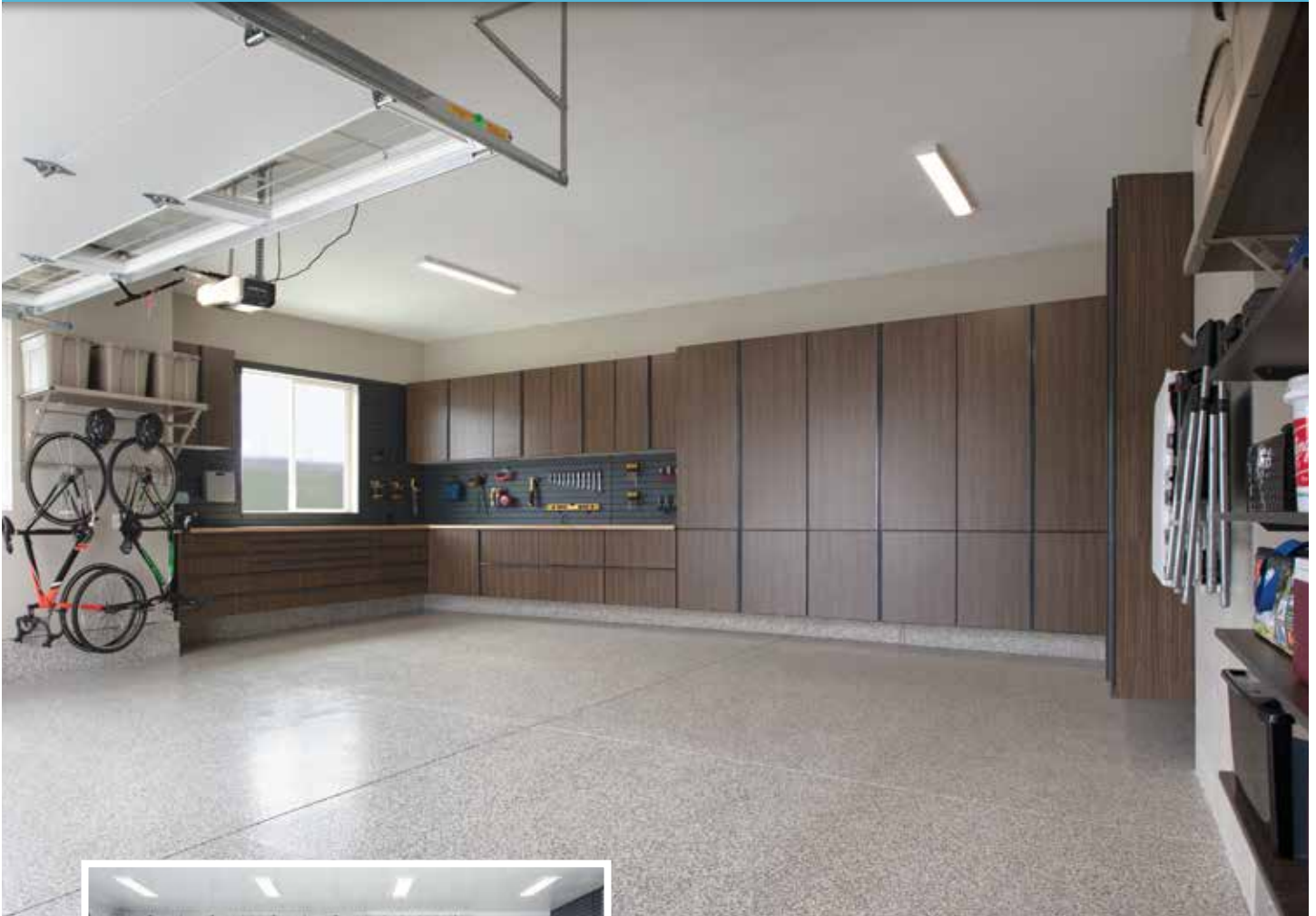
**DT/DE/NG**







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# MUSTANG VARSITY/JV PLAYERS

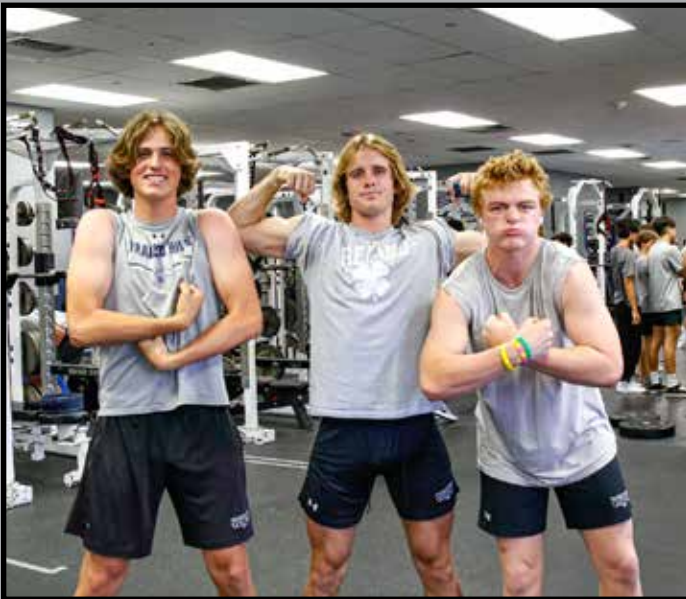
Var #	Name	Yr	Pos	Ht	Wt	JV #	Name	Yr	Pos	Ht	Wt
2	Ryan Luce	2025	WR	6'0"	170	2	Holden Trower	2025	C	5'8"	150
3	Ben Holland	2024	FS,WR	6'1"	190	3	Jordan Doddridge	2026	WR	5'7"	135
4	Ethan Plotkin	2024	CB	5'10"	155	4	Hunter Nelson	2026	WR,CB	5'7"	120
5	Ryan Manda	2024	CB	5'8"	150	5	John Quiroz	2026	FS	5'8"	145
6	Lucas Short	2024	WR,CB	5'10"	180	7	Ryan Dmytrowicz	2026	WR	5'3"	126
7	Jacob Perry	2024	QB	6'1"	180	8	Anthony Bui	2026	CB	5'8"	133
8	Kenji Gonzales	2024	CB	5'10"	160	9	Joshua Fitch	2026	WR	6'0"	165
9	Tyler Schmaltz	2025	DE	6'1"	225	10	Clayton Schulz	2026	RB	5'9"	142
10	Jaden Webber	2024	FS	6'3"	175	11	Jack Gray	2026	WR	5'8"	140
11	Alex Kiernan	2025	WR	6'3"	180	12	Ari Mohebi	2026	SS,K	5'8"	150
12	Ethan Schwartz	2024	K,P	6'4"	200	14	Sean Swatsek	2027	QB	6'2"	155
14	Sean Swatsek	2027	QB	6'2"	155	15	Jonathan Saenz	2025	WR	5'7"	130
15	Jonathan Saenz	2025	WR	5'7"	130	16	Landon Pompey	2026	QB,WR	5'8"	145
16	Landon Pompey	2026	QB,WR	5'8"	145	17	Kyle Parrino	2026	CB	5'6"	120
17	Vincenzo Rey	2024	CB	5'11"	165	18	Christian Box	2026	WR	5'11"	145
18	Ethan Apostol	2025	CB	5'10"	155	19	Dominick Stroebe	2025	QB	6'4"	190
19	Dominick Stroebe	2025	QB	6'4"	190	20	Kal-El Burnett	2026	RB,CB	5'6"	140
20	Kal-El Burnett	2026	RB,CB	5'6"	140	22	Danny Frailey	2025	MLB,TE	6'0"	185
21	Mikey Gray	2025	TE	6'1"	190	23	Billy McAlexander	2026	OLB	6'0"	160
22	Danny Frailey	2025	MLB,TE	6'0"	185	24	Daniel Herrera	2025	WR	5'5"	125
23	Billy McAlexander	2026	OLB	6'0"	160	25	Art Azemi	2026	WR	6'1"	165
24	Daniel Herrera	2025	WR	5'5"	125	26	Raddux Moscoso	2025	FS	5'10"	160
25	Maxwell Hales	2025	RB	5'11"	175	27	Landon Zack	2025	SS,OLB	6'0"	190
26	Raddux Moscoso	2025	FS	5'10"	160	28	Landon Wilder	2025	FS,SS	5'11"	170
27	Landon Zack	2025	SS,OLB	6'0"	190	30	Zachary Chrisman	2025	CB	5'8"	155
28	Landon Wilder	2025	FS,SS	5'11"	170	31	Skyler Richey	2026	OLB,SS	6'1"	150
29	Logan Molina	2024	SS	6'2"	190	32	Kameron Oftebro	2026	RB	5'8"	150
31	Riley Pinvidic	2024	RB,OLB,MLB,SS	5'11"	185	33	Ryan Weiskittel	2025	FS	6'0"	180
32	Tristan Gutman	2025	OLB,RB	6'0"	190	34	Andrew Batayola	2026	MLB	5'6"	144
33	Ryan Weiskittel	2025	FS	6'0"	180	35	Ka'Mon Woods	2026	DT,DE,NG	5'9"	170
34	Joey Carlos	2024	OLB	6'0"	190	42	Mitchell Krikorian	2026	MLB,OLB	5'5"	160
35	Taylor Bowie	2024	OLB,MLB,RB	5'10"	200	43	Ryan Irvani	2025	OLB	5'10"	185
36	Charles Shy	2024	DE	6'0"	205	44	Kaylee Morton	2025	RB	5'1"	125
38	Kaylee Morton	2025	RB	5'1"	125	45	Fred Murjadi	2024	FS	6'0"	165
39	Jeremy Hernandez	2025	RB	5'7"	200	46	Jessy Moss	2025	RB	5'7"	155
40	Jalen McDowell	2024	DE,OLB	6'3"	225	47	Lucas Silva	2025	WR	5'8"	145
42	Matt Misiego	2025	TE	6'4"	200	50	Anthony Hernandez	2025	MLB	5'8"	180
43	Ryan Irvani	2025	OLB	5'10"	185	51	George Quintanilla	2025	DT	5'9"	170
44	Kyle Oftebro	2024	OLB,MLB	5'10"	195	52	Jason Palmese	2025	C,G	5'10"	255
45	Fred Murjadi	2024	FS	6'0"	165	53	Austin Dahl	2026	OLB	5'4"	160
46	Bayani Reed	2024	WR	6'4"	170	55	Connor Stephan	2026	DE	6'3"	185
51	George Quintanilla	2025	DT	5'9"	170	56	Anthony Costales	2026	G	5'6"	190
52	Jason Palmese	2025	C,G	5'10"	255	57	Aiden Puig	2025	MLB,OLB	5'11"	196
53	Roman Braga	2024	DT	5'10"	210	61	Hunter Migge	2026	OL	5'9"	140
54	Seth Mercado	2024	OLB	5'10"	180	62	Spencer James	2025	DT	6'0"	265
55	Connor Stephan	2026	DE	6'3"	185	63	Beckett Miller	2026	G,T	6'1"	220
62	Spencer James	2025	DT	6'0"	265	64	Fernando Contreras Gutierrez	2026	DE,DT	6'2"	180
65	Liam Bowman	2024	OLB	6'1"	185	65	Matthew Hughes	2026	DE	5'11"	200
66	Aiden Bowman	2024	DE,OLB	6'0"	205	66	Joshua Hughes	2026	DE,DT	5'9"	190
67	Ayan Sharma	2025	G	5'11"	220	68	Izaac Stroman	2025	G	6'1"	260
68	Izaac Stroman	2025	G	6'1"	260	70	David Hemmes	2026	T,G	6'1"	175
70	Brandon Kolb	2025	T,G	6'2"	265	73	Oliver Roeder	2025	G	6'0"	275
71	Caedmon Wood	2025	G,C	6'3"	290	74	Corban Potawsky	2026	G,T	5'7"	190
72	Brody Brown	2024	DE,T	6'4"	230	76	Kevin Vallysedigh	2025	NG	5'7"	195
73	Oliver Roeder	2025	G	6'0"	275	77	Emanuel Marquina	2026	G,T	5'10"	240
74	Greg Shade	2025	T,G	6'3"	265	80	Elias El-Kanj	2026	MLB	5'9"	155
77	Yusuf Kaya	2024	G	6'1"	290	81	Jayden Serino St. Claire	2025	WR	5'9"	160
80	Cooper Overman	2024	TE	6'3"	190	82	Corbin Geissman	2026	TE	6'0"	150
81	Jayden Serino St. Claire	2025	WR	5'9"	160	84	Chase Cruz	2026	TE	6'0"	210
82	Tumelo Maieane	2024	WR	6'0"	140	85	Fearghus Gray	2026	K,P	6'3"	185
85	Noah Barrett	2024	TE,FB	6'0"	220	88	Jacob Neeman	2025	FS,CB	5'9"	170
90	Jaedyn Berry	2025	DE,NG	6'3"	225	99	Ryder Reaveley	2026	C	5'10"	160



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## *Go Blue!*







# MUSTANG



# FOOTBALL!





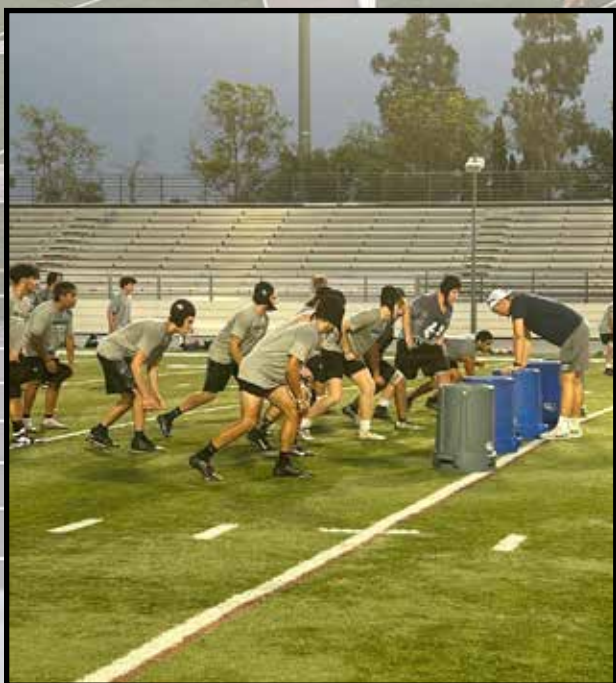
# VARSITY CAMP WEEK

















# BIG MAN









# SCRIMAGE MUSTANGS VS EL MODENA









# FRESHMAN



Abader, Peter  
Allred, Drey  
Alnasag, Mous  
Amde, Kristian  
Amster, Ronnie  
Arellano, Christian  
Bailey, Owen  
Baker, Jimmy  
Brady, Brighton  
Brown, Ryan  
Cortez, Damian  
Cunningham, Jackson  
Cummings, Jonah  
Dugan, Sean  
Fatemi, Rahee  
Flores, Anthony  
Gaeta, Jag  
Gallegos, Andrew  
Garcia, Christopher  
Georgeson, Weston  
Golz, David  
Hamad, Khalid  
Hassett, Brady

Hernandez, Josmar  
Hoffman, Luke  
Hummel, Aaron  
Kennett, Quincy  
Khorramian, Pasha  
Khrol, Chris  
Lancaster, Brody  
Lundberg, Landen  
Maguire, Scotty  
Manzano, Christopher  
Martinez, Jackson  
McLaughlin, Jacob  
Mitchell, Aidyn  
Mujtaba, Ahmed  
Nasr, Zain  
Nolan, Beckham  
Norton, Jalen  
Obeid, Khaled  
Osborne, Merrick  
Overman, Riley  
Puig, Jakob

Rodzewich, Jacob  
Ruiz, Stevie  
Sarabia, Jackson  
Saunders, Lucas  
Schweer, Everett  
Soofi, Sam  
Sprunck, Remy  
Swanson, Dominic  
Swatsek, Sean  
Synnott, Henry  
Thomas, James  
Torres, Roberto  
Venegas, Raymond  
Warnick, Scotty  
Webber, Trey  
Wood, Sammy  
Yarter, Dean  
Zamora, Adrian  
Zendejas, Tiago



# FRESHMAN





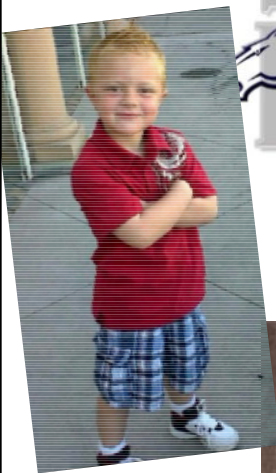
# MUSTANG BBQ



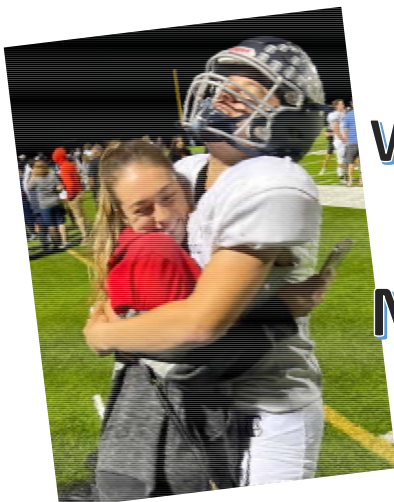




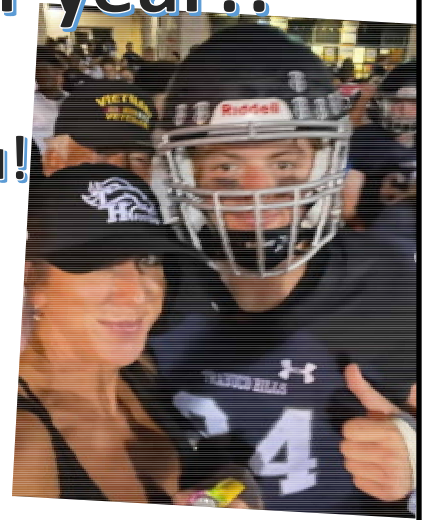
# JOEY CARLOS CLASS OF 2024



**Good Luck in your Senior year!!**

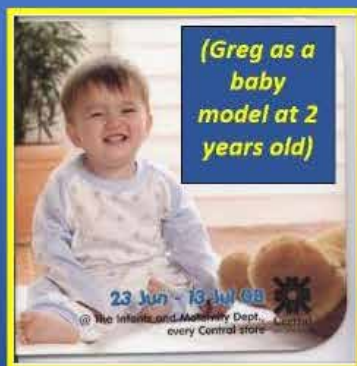


**We are SO Proud of you!  
Love,  
Mom, Dad & Emma**





**Dear Greg (#74),**  
**We are so proud of you and your**  
**accomplishments on the O-Line!**  
**You work hard in practice/camps**  
**and play hard during the games.**  
**We admire your great attitude,**  
**determination**



**and effort both in school and on the field.**

**We love you very much and are cheering for**  
**you in football and in life!**  
**Love, Mom and Dad Nye**

## **Riley Pinvidic**

Watching you play football all of these years has been one of our families greatest joys. Good luck this season and have an amazing senior year!

Love Mom, Dad and Garrett







20  
24

## Ben Holland

Ben, we are so excited to watch you play your senior season.  
We are the luckiest to have a front row seat to your life.  
You are the friendliest, happiest, most unique kid,  
with the biggest smile and an even bigger heart.  
Keep being your authentic, fun-loving, original self.  
We LOVE you Ben and are so proud of your hard work and  
accomplishments. Love, your #1 fans



Offensive Lineman...because  
"brick wall" isn't an official position.



We're proud of your work ethic, diligence, and dedication.  
Play hard and have fun this season!  
Love, Mom and Dad

**BECKETT MILLER**

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OFTEBRO

#44

Class of 2024






Kyle, we are so proud of how much you have grown! We can't wait to see what's in store for you next.  
Love,  
Mom, Dad, Kait and Kam





GAME ON

VARSITY FOOTBALL





CLASS OF  
2024

# CONGRATULATIONS LIAM & AIDEN BOWMAN



Congrats Liam & Aiden,  
We are so proud of you both  
and the men you are becoming.  
Football has taught you life  
lessons that you will carry with  
you forever. Your faith has  
established a foundation in HIM  
for eternity. We love you both  
very much and can't wait to see  
where your roads take you!  
Have a great season.  
Love Mom, Dad, the pups, your  
family and your grandparents.



# We Love You!

#65 #66







# Roman Braga

Wishing you all the best in your senior year. We are proud of the man you are becoming. We will always be here to support you in everything that you do. We love you!



# ETHAN SCHWARTZ

## CLASS OF 2024

Ethan, we're so proud of you and all the hard work you've done! We can't wait to see what your future holds - so excited for your senior season!

Love, Mom, Dad and Maren



# LUCAS SHORT • Class of '24



*Luca Luc, we are SO proud of who you are on and off the field!*

*Keep on making good choices! We love you SO much!*

*Dad, Mom, B, Molls, & Jamie*

# Brandon Kolb



It has Been a long Journey to this point my son.  
I am proud of you and your accomplishments on and off the field.

# #70

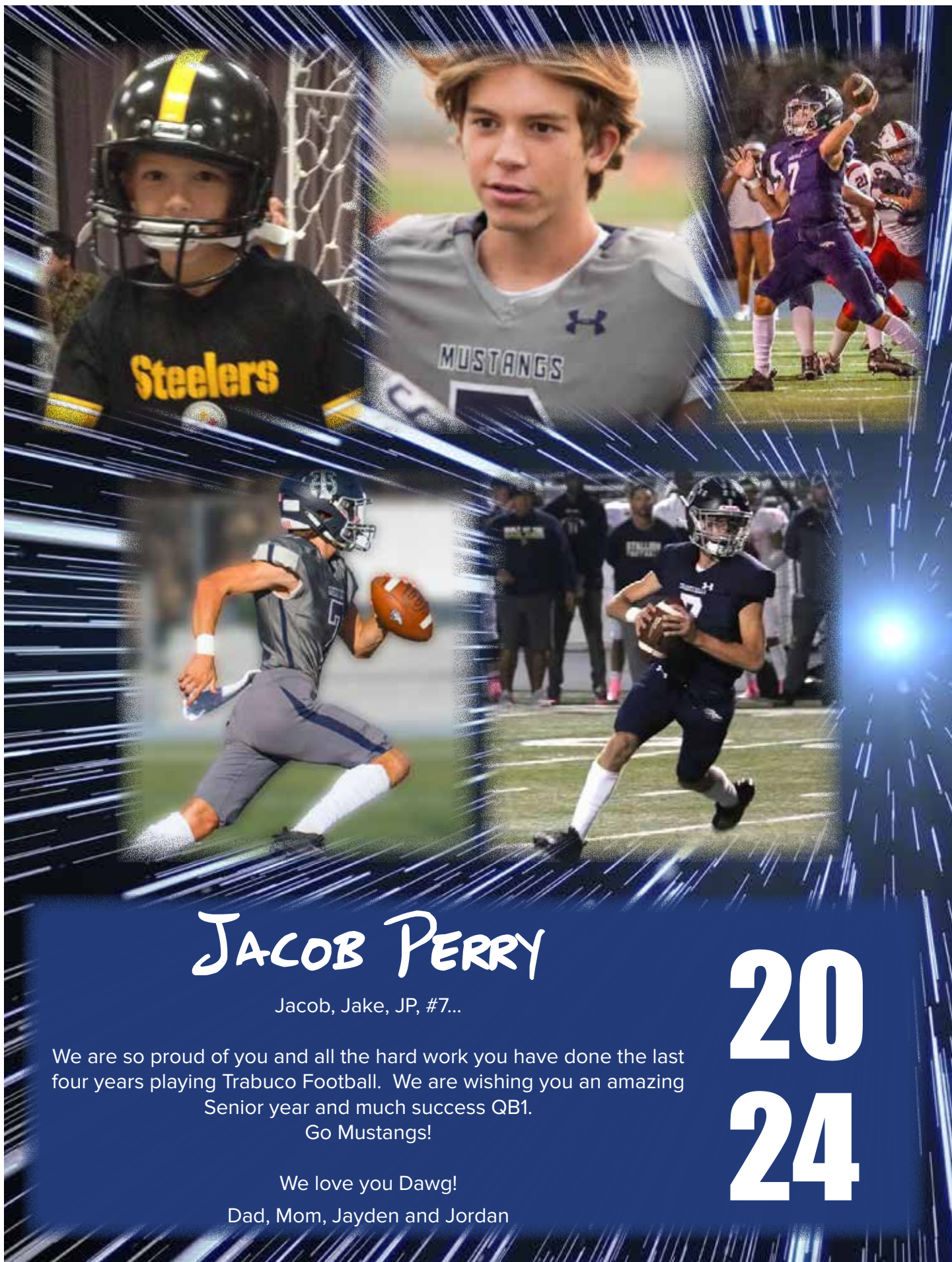
# JALEN McDOWELL



We hope you  
have an amazing  
Senior Year!

Have fun and keep working hard!  
Love, Mom, Dad, Maya and Cobi





# JACOB PERRY

Jacob, Jake, JP, #7...

We are so proud of you and all the hard work you have done the last four years playing Trabuco Football. We are wishing you an amazing Senior year and much success QB1.  
Go Mustangs!

We love you Dawg!  
Dad, Mom, Jayden and Jordan

# 20 24



# Jaden Webber



**We are all so  
proud of you and  
all your hard work!  
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# MUSTANG SHOUT OUTS

## *Chase Cruz*

Your Mom and Dad are extremely proud of you and the dedication you have shown, not only football but basketball too and most importantly finishing your Freshman year with straight A's. Keep up the good work and we love you always.

## *Billy McAlexander*

Beetles, we are so proud of you! Have a wonderful season. Take care of business and shine your light.

We love you! Momom, Dada, J

Psalms 128:2

## *Jacob Neeman*

Jacob, you're amazing! Keep working hard and enjoy every minute. So excited to see you on the field for your Junior Year.

Love, Mom, Dad & Haley

## *Luke Hoffman*

We wish you all the best in your freshman football season! Have fun and remember 1 Corinthians 10:31 ... do it all for the glory of God!

We love you!

Love,  
Mom, Dad, Lauren & Lindsey

## *Sean Swatsek*

Wishing you and your team a great season! Go Mustangs!  
We Love You!

Mom, Dad, Sissy and  
your whole family!

## *Brady Hassett*

We love you and are so proud of your hard work, dedication and passion for the game. Can't wait to watch you this season!  
Let's go!

Love, Mom & Dad





# MUSTANG SHOUT OUTS

## *Samuel Soofi*

Go Mustangs!! Shout out to our son, Samuel, and his teammates this season! Excited to cheer on the Mustangs!

Let's Go and Good Luck!

## *Scott Warrnick*

Good luck Big Scott!

Hit em' hard! -  
Robby

## *Aiden & Liam Bowman*

Here's to an incredible senior year as student athletes. We are so proud of your dedication to team character, holding your faith at the forefront, and building up your fellow teammates. May this final high school road be paved with blessings and opportunity.

Love Mom & Dad

## *Riley Overman*

Excited to see you back on the football field after all these years. Have fun and work hard!

We love you so much!  
Mom, Dad, Cooper and Wyatt

## *Jacob Perry*

We are so proud of your hard work and dedication for this season! Good luck and have fun out there.

We love ya #7  
Mom & Dad

## *Eamon Herlihy*

Your return to football and the hard work you have put in managing all your summer athletics has truly been amazing for us to watch. We are proud of you on and off the field for all that you take on.

Good luck and Go Mustangs!

# MUSTANG SHOUT OUTS

## *Skyler Richey*

Play hard and smart Skyler Richey!  
May you and your fellow Mustang's  
have the best season yet!!

Love , Mom, Dad & family

## *Noah Barrett*

Have a fantastic senior year! We are  
extremely proud of all of your  
accomplishments both on and off  
the field. Go get 'em!!

We love you!!

## *Logan Molina*

LoMo! Been a blast watching your  
passion for playing this game over  
the last 10 years. As your Senior  
year kicks off, we wanted to thank  
you for all the amazing memories  
and friendships your hard work  
brought to our lives -  
Football is Family!

## *Joshua Fitch*

Joshua we can't wait to watch you  
play this season! Go get 'em!

Go Mustangs!

Love Mom, Dad & Brendan

## *Ryan Manda*

We have loved watching you grow  
as a football player over these past  
4 years. You are an incredible ath-  
lete, an awesome friend, a good  
brother, and an amazing son!! We  
love you and can't wait to see what  
the future has in store for you!  
Dream Big Kid!

## *Everett Schmeer*

We hope you have an awesome  
freshmen football season! Work  
hard, strive to be the best you  
can be, and you will succeed!  
All our love,  
Mom, Dad, & Landon



## Ethan Schwartz

Ethan, we're so proud of you! You have worked so hard and we can't wait to see what your senior season brings! Looking forward to a bright future - we love you!

Love, Mom, Dad & Maren

## Jackson Cunningham

Let's Go!

Love you and are so proud of you!  
Your fam

## Ethan Plotkin

We are so proud of your hard work, dedication, and commitment to making this another successful season for you and the team. Stay focused on your goals and consistent in your approach and good things will always happen.

Love,  
Dad, Mom, Sophia, Olivia,  
Julia & Vinnie

## David Hemmes

Take risks, leave it all out there, and make some of your best memories!!  
We're so excited for you and this season. Love you kid.!!

Love Mom, Dad & Alex

## Landon Zack

We are so proud of you and the man you have become! So thankful that God blessed us with you, and excited to see his plan for your future! Keep Pushing, loving and growing!

Love you beyond measure!!!  
Love, Mom & Dad

## Cooper Overman

Coop, We are so proud of the athlete and man that you have become. We can't wait to see what the future holds for you.

Love, Mom, Dad, Riley & Wyatt

# MUSTANG SHOUT OUTS

## Beckham Nolan

Attitude + Effort = Game Changer!

We are so proud of you! Keep working hard to be the best you can be!

We love you!  
Love, Team Nolan

## Lauren Hassett

We love you and are so proud of your commitment and dedication to the team. Enjoy every minute of your senior year! Can't wait to see all that comes next!

Love, Mom & Dad

## Coaches & Support Staff

THANK YOU for all that you do. This program provides an incredible opportunity in our player's lives for growth, maturity, memories and friendships because of YOU. We are proud to support you and can't wait for this season!

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# NAME THAT CALL



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**LOSS OF DOWN**



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GROUNDING**

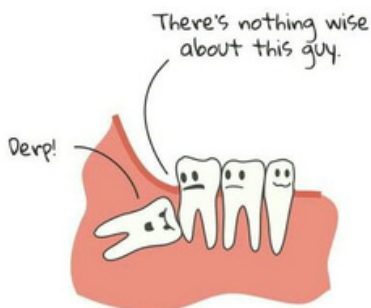


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# MUSTANG PEP SQUADS

## Varsity Cheer



Kenzie Adams  
Emma Andrada  
Bella Bandola  
Olivia Barbara  
Molly Burgess  
Brooklyn Constantian  
Sasha Constantian  
Mia Diego  
Kaelyn Echeverria  
Gabriella Galasso  
Kenzie Goode  
Hannity Heye  
Lexi Hounsley

Kylie Katsiametis  
Makenna King  
Emily Klovsky  
Avery Kotrba  
Brooke Lancaster  
Hadyn Newell  
Kimiko Ormond  
Lynn-x Peters  
Brooklyn Piercy  
Sophia Teran  
Emmy Walker  
Sydney White  
Kennedy Zamora



## Varsity Song



Madeleine Alms  
Ellie Asbury  
Hailey Brown  
Riley Capone  
Elle Dodson  
Isabela Etchepare  
Ashley Gibney  
Taylor Harrison

Chloe Layne  
Gabriela Perez  
Bella Polen  
Melrose Ramirez  
Anna Starkey  
Grace Wilson  
Hannah Yonemitsu



# MUSTANG PEP SQUADS

## Junior Varsity Cheer



Sadie Aschoff, Shaylin Audeoud, Rylie Barrett, Grace Boxer, Hailey Clark, Haley Clingenpeel, Emma Collins, Mia Flores, Madeleine Fussell, Siena Garcia, Kaili Glover, Grace Gutman, Haylee Hayes, Brooklyn Hochman, Leah Kosaka, Savannah Lantz, Madisyn Lee, Rylee Le Roux, Aubrey Mariano, Brianna McClaine, Shelby McCray, Gabby McDonald, Tenoli Mendis, Keira Morgan, Mia Muncy, Natalie Murphy, Alana Neitzke, Emma Ortiz, Emma Padian, Paige Reniker, Riley Reynolds, Kyla Seiwert, Mia Soler, Halz Walker



**Denise Harris**  
Pep Squad Advisor  
Head Cheer Coach



**Savannah Sipprell**  
Head Song Coach



**Cris Stuart**  
Freshman/Sophomore Cheer,  
Competitive Coach



## *Olivia Barbara* *Class of 2024*



### *Varsity Cheer*

Hard to believe it is already your senior year! We have loved watching you cheer these past three years and look forward to your final season. Your hard work and dedication has paid off and we are very proud of you!

Love,  
Mom, Dad, and Elizabeth



## **HADYN NEWELL**

### **Varsity Cheer** **Class of 2024**

We thought you were kidding when you said you were going to try out for the Pep Squad. But you traded in your skateboard for pom poms and never looked back. And in a blink of an eye, here you are... a senior cheering from the sidelines with that big beautiful smile for one last season. Make it one to remember!

Love, Mom and Dad

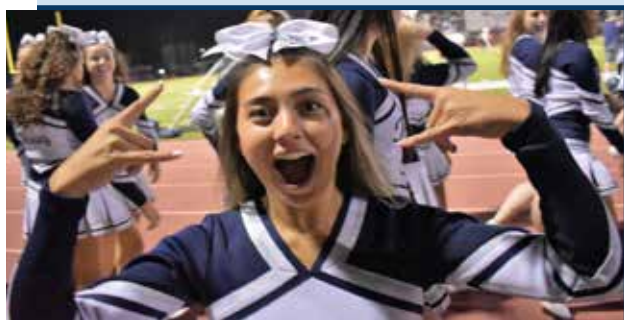




## KIMIKO ORMOND

Your senior year is here! We can't wait to see what new adventures, amazing opportunities, and incredible journeys your future holds. You are so strong, you are so resilient, you are so loved, and you will succeed in all that you do.

Love and Hugs,  
Mom, Dad, Gavin, and 🐾Tuxedo🐾







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# MUSTANG SHOUT OUTS

*Riley Capone*

I am SO proud of you for all that you do. I know you're going to have a great Senior year. I can't wait to watch you from the sideline!

I love you more. - Mom

*Kimiko Ormond*

We have loved watching you cheer for 13 years and look forward to cheering you on during your senior year and beyond. Enjoy every moment of your senior year!!

Love and Hugs Forever,  
Mom, Dad, Gavin, Tuxedo

*Lexi Hounsley*

We are so proud of you! You are such an amazing, beautiful, independent, smart and strong young woman! God has an awesome plan for your life! Excited to watch you cheer for the 4th year! Enjoy and have fun, it's your Senior Year!! Love you!

Love,  
Dad, Mom, Luke, & Grammie

*Emmy Walker*

What an incredible blessing it has been to watch you grow as a cheerleader as well as a young lady.

We are so proud to watch you on the sidelines at Friday Night lights cheering for THHS! SENIOR YEAR BEST YEAR! We love you so much  
-Mom, Dad & Jude

*Hadyn Newell*

You wanted to be a princess at 5 and at 14, a Cheerleader. It's your senior year and you made it happen! Your bow has become your crown and cheer shoes are your glass slippers. Enjoy making amazing memories on the sidelines this year.

Love,  
Mom, Dad & Avery

*Emily Klovsky*

Emily, we are so proud of you and so happy that you enjoy being on the cheer team.

Have tons of fun this year.

Love you,  
Mommy & Daddy



# MUSTANG SHOUT OUTS

*Cassidy Harrison*

These past four years have gone by so fast! We are so proud of you and love watching you perform. Have an amazing senior year and continue making us proud!

Love, Mom, Dad & Avery

*Bella Polen*

We are so happy to watch you dance during your senior year. We are so proud and have loved watching you dance and shine for all these years. You are such a kind, generous, and beautiful person. Always let your light shine and bless others with your kind heart and beautiful smile. We love you!  
Love Mom, Dad, & Luca

*Avery Kotrba*

L-e-t-s G-o, Avery! We love you, are SO proud of you and are YOUR biggest cheerleaders! Soak up SENIOR year!

Love, Dad, Mom, Drew,  
Lauren & Paige

*Sophia Teran*

We are so proud of you for making cheer all 4 years and making CO-Captain your senior year. It has been so fun watching you cheer from the sidelines. Excited for Friday Night lights this year with you out there cheering!  
Love, Mom, Dad, Jayme & Jacob

*Kenzie Goode*

We're so excited for your Senior year and watching you cheer on the sidelines as Varsity Captain! We are so proud of you!

Love: Mom, Dad, Clay,  
Savannah & Saylor

*Olivia Barbara*

It has been so fun watching you cheer and seeing how much you love being out there! We are very proud of the amazing young woman you have become!

Love, Mom, Dad & Elizabeth

# MUSTANG SHOUT OUTS

*Stacey Constantian*

It has been so much fun watching you cheer at all the games over the years. We love you and are so proud of how much effort and care you put into everything you do!

Love, Mom & Dad

*Emma Andradra*

Enjoy your Senior year! Make lasting memories and always know we are here to cheer you on! Have an awesome season! We love you!

Mom, Dad and Josh, Milo & Luna too!

*Kylie Katsiametis*

Congratulations on your 4th and final year as a Cheerleader! We are so proud of your hard work, dedication and “LOUD” Spirit! Wishing you an amazing Senior year filled with unforgettable memories.

Go Blue!

Love,

Mom, Tony, Ava , Lola & Louie





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# THUNDERING MUSTANGS MARCHING UNIT

## FLUTES

Lena Park  
Sarahbella Ramirez  
Connor Trist

## CLARINETS

Jaeha Chang  
Tate Fujimoto  
Heeva Hatamabadi Farahani  
Caleb Hossli  
Abigail Lee

## CLARINETS (BASS)

Charlotte Grotsky

## SAXOPHONES (ALTO)

Zayne Lee  
Jacob Rebensdorf-Barragan  
Ishaan Soni  
Amarria Thomas

## SAXOPHONES (TENOR)

RJ Fitzgerald  
Miguel Flores  
Noah Pirotin

## SAXOPHONES (BARITONE)

Matthew Compher  
Ryan Elecciri

## TRUMPETS

Riley Baker  
Olivia Bayly  
Jeni-Vee Bovay  
Jordyn-Rose Bovay  
Pierce Devlin  
Jeremy Kriesand  
Brandon Macias  
Max Martin

## MELLOPHONES

Nicole Ronquillo  
Carrie Tuttle  
Lee Vasquez

## BARITONES

Chris Castro  
Benjamin Le  
Carson Pirotin  
Caroline Thrane

## SOUSAPHONE

Daniel Hafen

## BATTERY (SNARE DRUM)

Kat Cayabyab  
Tiffany Choi  
Addison Viers

## BATTERY (TENOR DRUM)

Sam Earl

## BATTERY (BASS DRUM)

Zach Boxer  
Jessica Geri  
Adam Longacre  
Nicolas Macias

## FRONT ENSEMBLE

Gabriel Castulo  
Jasper Espiritu  
Jacob Grossgold  
Ethan Manansala  
Athena Pham  
Donika Quintana  
Brianna Requilman  
Hollister Weatherwax

## COLOR GUARD (WEAPONS)

Cocona Baba  
Alia Bombalier  
Julyanne Castulo  
Mikayla Hossli  
Aidah Nishad  
Mika Pasilaban  
Elise Posos

## COLOR GUARD (FLAGS)

Alissa Ahmed  
Rebecca Arnold  
Charlee Ebarb  
Hailey Goldberg  
Sophiya Khan  
Evelyn Leal  
Kaitlyn Neill  
Alexis Nguyen  
Julia Quintanilla  
Seidy Sanchez

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**Director of Instrumental Music -  
Brad Pollock**

**Assistant Director/  
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# THUNDERING MUSTANGS MARCHING UNIT





# THUNDERING MUSTANGS MARCHING UNIT







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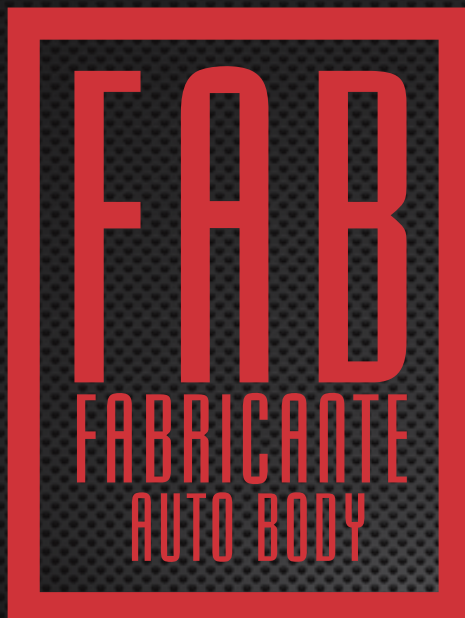


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# MUSTANG FOOTBALL HISTORY

## PLAYOFF SUCCESS

**CIF CHAMPIONSHIPS – 4**

1988, 1989, 1993, 2014

**CIF RUNNER UPS - 3**

1991, 2007, 2009

**CIF PLAYOFF APPEARANCES – 21**

1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1996, 1998, 2001, 2002, 2005, 2006, 2007, 2008, 2009, 2014, 2019, 2021, 2022

**LEAGUE CHAMPIONSHIPS – 8**

1988, 1989, 1991, 1992, 2007, 2009, 2014, 2021

## COACHING HISTORY

HEAD COACH	TENURE	W	L	T	PCT.
Jim Barnett	1985-1994	82	38	2	.683
Bill Crow	1995-2002	40	44	1	.476
Jason Negro	2003-2009	52	33	0	.612
Scott Orloff	2010-2013	21	19	0	.525
Tony Henney	2014-2014	10	4	0	.714
Joe Silvey	2015-2015	3	8	0	.272
John Abdelnour	2016-2018	6	24	0	.200
Mark Nolan	2019-2022	24	16	0	.600
Total	1985-2022	238	186	3	.557

1985	–	Jim Barnett	1-8	2005	Jason Negro	6-5*
1986	–	Jim Barnett	5-5	2006	Jason Negro	8-5*
1987	–	Jim Barnett	8-3*	2007	Jason Negro	12-2*
1988	–	Jim Barnett	12-2*	2008	Jason Negro	8-5*
1989	–	Jim Barnett	13-1*	2009	Jason Negro	12-2*
1990	–	Jim Barnett	4-6-1*	2010	Scott Orloff	4-6
1991	–	Jim Barnett	8-5-1*	2011	Scott Orloff	6-4
1992	–	Jim Barnett	10-2*	2012	Scott Orloff	5-5
1993	–	Jim Barnett	11-3*	2013	Scott Orloff	6-4
1994	–	Jim Barnett	10-3*	2014	Tony Henney	10-4*
1995	–	Bill Crow	3-7	2015	Joe Silvey	3-8
1996	–	Bill Crow	6-5*	2016	John Abdelnour	2-8
1997	–	Bill Crow	4-6	2017	John Abdelnour	2-8
1998	–	Bill Crow	9-2-1*	2018	John Abdelnour	2-8
1999	–	Bill Crow	5-5	2019	Mark Nolan	8-5*
2000	–	Bill Crow	2-8	2020-21	Mark Nolan	1-4
2001	–	Bill Crow	5-6*	2021	Mark Nolan	8-3*
2002	–	Bill Crow	6-5*	2022	Mark Nolan	7-4*
2003	–	Jason Negro	2-8	*CIF Playoffs		
2004	–	Jason Negro	4-6			



# MUSTANG FOOTBALL HISTORY

## YEAR BY YEAR

### 1985 Won 1, Lost 8

No league affiliation

Head Coach – Jim Barnett

13	Southern Cal Christian	20	L
12	Capo Valley Christian	18	L
20	Big Bear	21	L
7	Ridgecrest Burroughs	27	L
24	Rim of the World	28	L
13	Azusa	40	L
24	Bassett	23	W
0	Gladstone	27	L
0	Paramount	34	L

### 1986 Won 5, Lost 5

(2-3) T-4th Place Pacific Coast League

Head Coach – Jim Barnett

15	Southern Cal Christian	0	W
14	Dana Hills	17	L
44	Rim of the World	6	W
37	Ridgecrest Burroughs	27	W
14	Miraleste	30	L
22	Laguna Beach*	24	L
6	Woodbridge*	23	L
0	Orange*	26	L
52	Costa Mesa*	12	W
37	Laguna Hills*	6	W

### 1987 Won 8, Lost 3

(3-2) 3rd Place Pacific Coast League

CIF Desert-Mountain Conference First Round

Head Coach – Jim Barnett

20	Los Amigos	12	W
14	Dana Hills	12	W
23	Bellflower	6	W
28	San Clemente	13	W
24	Miraleste	3	W
0	Woodbridge*	23	L
36	Orange*	7	W
30	Costa Mesa*	10	W
0	Laguna Beach*	19	L
26	Laguna Hills*	17	W
6	La Sierra	41	L

### 1988 Won 12, Lost 2

(4-1) Pacific Coast League co-Champions

CIF Division Y1D Champions

Head Coach – Jim Barnett

15	Los Amigos	8	W
30	Dana Hills	0	W
14	Bellflower	21	L
47	San Clemente	3	W
43	St. Joseph	0	W
34	Orange*	0	W
28	Costa Mesa*	12	W
7	Laguna Beach*	9	L
35	Laguna Hills*	6	W
17	Woodbridge*	13	W
49	Yucaipa	6	W
42	Santa Paula	7	W
42	Atascadero	6	W
34	Woodbridge	14	W

### 1989 Won 13, Lost 1

(5-0) Pacific Coast League Champions

CIF Division VIII Champions

Head Coach – Jim Barnett

50	Santa Margarita	14	W
7	Dana Hills	14	L
17	Long Beach Wilson	0	W
37	Simi Valley	13	W
24	Villa Park	0	W
35	Costa Mesa*	6	W
49	Laguna Beach*	14	W
41	Laguna Hills*	3	W
33	Woodbridge*	20	W
20	Orange*	7	W
35	Notre Dame	14	W
35	Cabrillo	21	W
48	Santa Clara	21	W
13	Orange	7	W

### 1990 Won 4, Lost 6, Tied 1

(3-2) 3rd Place Pacific Coast League

CIF Division VII First Round

Head Coach – Jim Barnett

44	San Diego Hoover	7	W
7	Dana Hills	7	T
22	Woodbridge	23	L
9	Corona del Mar	10	L
10	Villa Park	28	L
34	Laguna Beach*	0	W
14	Laguna Hills*	17	L
35	Estancia*	7	W
34	Century*	0	W
13	Costa Mesa*	16	L
21	Serra	34	L

### 1991 Won 8, Lost 5, Tied 1

(4-1) Pacific Coast League co-Champions

CIF Division VII Finalists

Head Coach – Jim Barnett

3	El Toro	22	L
10	Dana Hills	10	T
27	Woodbridge	37	L
35	Corona del Mar	7	W
14	Villa Park	19	L
34	Laguna Beach*	14	W
34	Laguna Hills*	21	W
17	Estancia*	20	L
28	Century*	16	W
39	Costa Mesa*	6	W
42	St. Francis	21	W
26	Arroyo Grande	10	W
24	La Mirada	20	W
28	Laguna Hills	35	L

### 1992 Won 10, Lost 2

(4-1) Pacific Coast League co-Champions

CIF Division VIII Quarterfinalists

Head Coach – Jim Barnett

23	El Toro	13	W
15	Dana Hills	6	W
34	Woodbridge	24	W
17	Bishop Gorman (NV)	13	W
25	Capistrano Valley	22	W
42	Laguna Hills*	0	W

# MUSTANG FOOTBALL HISTORY

## YEAR BY YEAR

### 1992 Won 10, Lost 2 (CON'T)

(4-1) Pacific Coast League co-Champions

CIF Division VIII Quarterfinalists

Head Coach – Jim Barnett

20	Century*	21	L
34	Costa Mesa*	24	W
21	Estancia*	14	W
35	Laguna Beach*	7	W
21	Notre Dame	0	W
21	La Mirada	35	L

### 1993 Won 11, Lost 3

(4-1) 2nd Place Pacific Coast League

CIF Division VIII Champions

Head Coach – Jim Barnett

21	El Toro	7	W
10	Dana Hills	9	W
28	Villa Park	21	W
7	Chaminade	21	L
13	San Clemente	22	L
33	Laguna Hills*	6	W
24	Century*	0	W
3	Costa Mesa*	13	L
42	Estancia*	7	W
49	Laguna Beach*	21	W
35	Temple City	7	W
33	Bellflower	8	W
42	Laguna Hills	20	W
44	Costa Mesa	6	W

### 1994 Won 10, Lost 3

(4-1) 2nd Place South Coast League

CIF Division I Semifinalists

Head Coach – Jim Barnett

17	Santa Margarita	12	W
24	Laguna Hills	7	W
14	Villa Park	15	L
16	Chaminade	14	W
35	El Toro	0	W
35	Dana Hills*	7	W
28	Mission Viejo*	0	W
10	Mater Dei*	23	L
34	San Clemente*	10	W
21	Capistrano Valley*	14	W
23	Esperanza	12	W
35	Long Beach Jordan	8	W
22	Bishop Amat	49	L

### 1995 Won 3, Lost 7

(2-3) 4th Place South Coast League

Head Coach – Bill Crow

0	Santa Margarita	20	L
17	Laguna Hills	23	L
17	Villa Park	14	W
15	Arcadia	28	L
0	El Toro	28	L
14	Capistrano Valley*	24	L
6	Mater Dei*	24	L
24	Dana Hills*	20	W
20	Mission Viejo*	12	W
0	San Clemente*	44	L

### 1996 Won 6, Lost 5

(3-2) 3rd Place South Coast League

CIF Division I First Round

Head Coach – Bill Crow

24	Santa Margarita	38	L
28	Laguna Hills	40	L
28	Villa Park	7	W
13	Arcadia	7	W
16	El Toro	13	W
28	San Clemente*	27	W
6	Capistrano Valley*	14	L
7	Mater Dei*	35	L
27	Dana Hills	18	W
24	Mission Viejo*	8	W
12	St. John Bosco	13	L

### 1997 Won 4, Lost 6

(1-4) 5th Place South Coast League

Head Coach – Bill Crow

14	Santa Margarita	34	L
7	Laguna Hills	35	L
17	Villa Park	16	W
24	Aliso Niguel	17	W
45	El Toro	17	W
14	Mission Viejo*	17	L
20	San Clemente*	28	L
28	Capistrano Valley*	14	W
0	Mater Dei*	27	L
14	Dana Hills*	35	L

### 1998 Won, 9 Lost 2, Tied 1

(3-1-1) T-2nd Place South Coast League

CIF Division I Quarterfinalists

Head Coach – Bill Crow

20	Valley View	14	W
2	Laguna Hills	0	W +
28	Villa Park	12	W
37	Aliso Niguel	6	W
24	Fountain Valley	7	W
24	Dana Hills*	7	W
10	Mission Viejo*	7	W
26	San Clemente*	26	T
41	Capistrano Valley*	6	W
21	Mater Dei*	38	L
49	Esperanza	35	W
0	Bishop Amat	21	L

### 1999 Won 5, Lost 5

(2-3) T-4th Place South Coast League

Head Coach – Bill Crow

10	Valley View	33	L
13	Laguna Hills	0	W
6	Villa Park	24	L
17	Aliso Niguel	14	W
13	Fountain Valley	0	W
24	El Toro*	17	W
0	Dana Hills*	33	L
7	Mission Viejo*	42	L
10	San Clemente*	14	L
34	Capistrano Valley*	6	W



# MUSTANG FOOTBALL HISTORY

## YEAR BY YEAR

### 2000 Won 2, Lost 8

(0-5) 6th Place South Coast League

Head Coach – Bill Crow

10	Charter Oak	7	W
30	Laguna Hills	28	W
15	Villa Park	27	L
8	Aliso Niguel	16	L
0	Fountain Valley	33	L
14	El Toro*	33	L
13	Dana Hills*	41	L
0	Mission Viejo*	35	L
6	San Clemente*	29	L
14	Capistrano Valley*	44	L

### 2001 Won 5, Lost 6

(3-2) T-2nd Place South Coast League

CIF Division II First Round

Head Coach – Bill Crow

17	Charter Oak	16	W
7	Laguna Hills	10	L
17	Villa Park	0	W
0	Aliso Niguel	10	L
14	Fountain Valley	45	L
21	Capistrano Valley*	14	W
21	El Toro*	17	W
21	Dana Hills*	19	W
0	Mission Viejo*	28	L
7	San Clemente*	24	L
7	Damen	14	L

### 2002 Won 6, Lost 5

(3-2) 3rd Place South Coast League

CIF Division II First Round

Head Coach – Bill Crow

16	Newport Harbor	8	W
41	Laguna Hills	19	W
24	Villa Park	31	L
28	Aliso Niguel	14	W
7	Santa Margarita	37	L
20	San Clemente*	28	L
49	Capistrano Valley*	14	W
17	El Toro*	10	W
14	Dana Hills*	0	W
14	Mission Viejo*	21	L
21	Claremont	43	L

### 2003 Won 2, Lost 8

(2-3) 4th Place South Coast League

Head Coach – Jason Negro

8	Newport Harbor	35	L
9	Laguna Hills	27	L
14	Villa Park	31	L
0	Aliso Niguel	21	L
17	Santa Margarita	21	L
0	Mission Viejo*	47	L
10	San Clemente*	35	L
0	Capistrano Valley*	14	L
24	El Toro*	7	W
28	Dana Hills*	7	W

### 2004 Won 4, Lost 6

(2-3) T-3rd Place South Coast League

Head Coach – Jason Negro

15	Bellflower	12	W
31	Laguna Hills	7	W
21	Villa Park	34	L
14	Aliso Niguel	30	L
37	Huntington Beach	42	L
52	Dana Hills*	36	W
6	Mission Viejo*	49	L
10	San Clemente*	38	L
14	Capistrano Valley*	51	L
45	El Toro*	0	W

### 2005 Won 6, Lost 5

(3-2) T-2nd Place South Coast League

CIF Division II First Round

Head Coach – Jason Negro

37	Bellflower	18	W
31	Laguna Hills	21	W
7	Villa Park	28	L
24	Aliso Niguel	33	L
35	Huntington Beach	25	W
30	El Toro*	27	W
38	Dana Hills*	20	W
14	Mission Viejo*	54	L
34	San Clemente*	32	W
21	Capistrano Valley*	28	L
42	Valencia	61	L

### 2006 Won 8, Lost 5

(4-1) 2nd Place Sea View League

CIF Southwest Division Semifinalists

Head Coach – Jason Negro

24	South Hills	21	W
7	Laguna Hills	24	L
10	Villa Park	13	L
33	Gahr	26	W
9	Aliso Niguel	30	L
17	Huntington Beach*	10	W
24	Foothill*	35	L
27	Woodbridge*	13	W
38	Northwood*	9	W
20	El Toro*	14	W
30	TUSTIN	28	W
14	West Covina	6	W
14	Charter Oak	23	L

### 2007 Won 12, Lost 2

(5-0) Sea View League Champions

CIF Southwest Division Finalists

Head Coach – Jason Negro

13	South Hills	6	W
8	Laguna Hills	13	L
16	Villa Park	13	W
30	Gahr	13	W
17	Aliso Niguel	0	W
45	Huntington Beach*	14	W
22	Foothill*	16	W
2	Woodbridge*	0	W +
49	Northwood*	0	W
40	El Toro*	10	W
38	Brea Olinda	7	W
55	Wilson	6	W
27	Charter Oak	3	W
12	El Dorado	13	L

# MUSTANG FOOTBALL HISTORY

## YEAR BY YEAR

### 2008 Won 8, Lost 5

(4-1) 2nd Place Sea View League  
CIF Southwest Division Semifinalists

Head Coach – Jason Negro

6	Laguna Hills	26	L
7	San Clemente	41	L
9	Villa Park	13	L
28	Gahr	21	W
31	Aliso Niguel	7	W
16	El Toro*	10	W
53	Huntington Beach*	14	W
15	Foothill*	20	L
35	Woodbridge*	20	W
49	Northwood*	0	W
35	Valencia	21	W
28	Western	21	W
22	La Habra	27	L

### 2009 Won 12, Lost 2

(5-0) Sea View League Champions  
CIF Southwest Division Finalists

Head Coach – Jason Negro

42	Estancia	7	W
27	Laguna Hills	0	W
3	San Clemente	21	L
34	Gahr	14	W
24	Aliso Niguel	9	W
24	El Toro*	21	W
51	Huntington Beach*	10	W
35	Foothill*	0	W
51	Woodbridge*	14	W
44	Northwood*	6	W
53	Savanna	0	W
45	Pacifica	6	W
24	Tustin	14	W
0	La Habra	21	L

### 2010 Won 4, Lost 6

(0-4) 5th Place South Coast League

Head Coach – Scott Orloff

17	Capistrano Valley	0	W
6	Newport Harbor	17	L
37	El Toro	24	W
17	JSerra	40	L
52	Gahr	42	W
56	Aliso Niguel	17	W
19	San Clemente*	43	L
14	Tesoro*	21	L
38	Dana Hills*	39	L
12	Mission Viejo*	62	L

### 2011 Won 6, Lost 4

(1-3) 4th Place South Coast League

Head Coach – Scott Orloff

28	Capistrano Valley	21	W
35	Newport Harbor	14	W
14	Santa Margarita	35	L
31	JSerra	14	W
28	Fountain Valley	7	W
48	San Juan Hills	14	W
14	San Clemente*	43	L
14	Tesoro*	26	L
63	Dana Hills*	40	W
7	Mission Viejo*	42	L

### 2012 Won 5, Lost 5

(1-3) 3rd Place South Coast League

Head Coach – Scott Orloff

17	Dana Hills	14	W
27	Newport Harbor	21	W
0	Santa Margarita	55	L
35	Huntington Beach	14	W
21	Fountain Valley	14	W
21	JSerra	31	L
28	Tesoro*	35	L
17	El Toro*	35	L
12	Mission Viejo*	35	L
21	San Clemente*	14	W

### 2013 Won 6, Lost 4

(2-2) South Coast League

Head Coach – Scott Orloff

31	Dana Hills	10	W
35	Newport Harbor	20	W
24	Fountain Valley	17	W
27	Huntington Beach	17	W
26	Santa Margarita	28	L
15	JSerra	37	L
34	Tesoro*	37	L
24	El Toro*	21	W
0	Mission Viejo*	35	L
21	San Clemente*	17	W

### 2014 Won 10, Lost 4

(3-1) South Coast League

CIF SS Southwest Champions

Head Coach – Tony Henny

0	Rancho Cucamonga	17	L
7	La Costa Canyon	34	L
28	Fountain Valley	7	W
31	Mira Costa	3	W
33	El Toro	34	L
39	Los Amigos	0	W
56	Aliso Niguel*	14	W
21	Capistrano Valley*	6	W
35	San Clemente*	42	L
55	Laguna Hills*	14	W
52	Troy	28	W
28	Corona del Mar	10	W
38	Buena Park	7	W
44	San Clemente	37	W

### 2015 Won 3, Lost 8

(2-2) South Coast League

Head Coach – Joe Silvey

10	Rancho Cucamonga	45	L
21	La Costa Canyon	37	L
24	Fountain Valley	31	L
8	Mira Costa	36	L
10	El Toro	42	L
16	Los Amigos	56	L
49	Aliso Niguel*	31	W
48	Capistrano Valley*	14	W
7	San Clemente*	48	L
29	Laguna Hills*	35	L
17	Corona del Mar	42	L



# MUSTANG FOOTBALL HISTORY

## 2016 Won 2, Lost 8

(0-4) South Coast League

Head Coach – John Abdelnour

37	Pacifica	34	W
14	Fullerton	27	L
13	Fountain Valley	31	L
21	Tustin	28	L
10	Capistrano Valley	17	L
14	Corona Del Mar	55	L
14	San Juan Hills*	47	L
0	Mission Viejo*	68	L
14	San Clemente*	14	L
7	Tesoro*	49	L

## 2017 Won 2, Lost 8

(0-4) South Coast League

Head Coach – John Abdelnour

0	Pacifica	27	L
24	Fullerton	17	W
24	Fountain Valley	17	W
24	Tustin	35	W
14	Capistrano Valley	28	L
7	Corona del Mar	28	L
7	San Juan Hills*	37	L
0	Mission Viejo*	63	L
21	San Clemente*	56	L
14	Tesoro*	42	L

## 2018 Won 2, Lost 8

(1-3) South Coast League

Head Coach – John Abdelnour

35	Corona+	0	FFL
19	Pacifica	21	L
35	Sdbk Valley Christian	7	W
35	El Toro	56	L
7	Capistrano Valley	55	L
38	Sunny Hills*	61	L
10	San Juan Hills*	56	L
31	Dana Hills*	14	W
13	Laguna Hills*	49	L
25	Aliso Niguel*	49	L

## 2019 Won 8, Lost 5

(3-1) South Coast League

Head Coach - Mark Nolan

40	Corona	14	W
44	Pacifica	34	W
0	Villa Park	42	L
55	El Toro	14	W
24	Capo Valley	42	L
34	Sunny Hills	41	L
7	San Juan Hills*	42	L
42	Dana Hills*	14	W
35	Laguna Hills*	13	W
26	Aliso Niguel*	21	W
CIF-SS 1st Round Playoffs			
24	Pacifica	10	W
CIF Quarter-Finals			
34	San Geronio	7	W
CIF-SS Semi-Finals			
27	Sunny Hills	31	L

## 2021 (Spring) Won 1, Lost 4

(0-3) South Coast League

Head Coach - Mark Nolan

7	Edison	55	L
21	Tesoro	35	L
27	Aliso Niguel	18	W
28	Capo Valley	42	L
21	El Toro	24	L

## 2021 Won 8, Lost 3

(2-1) Sea View League Champions

Head Coach - Mark Nolan

28	Katella	0	W
28	Dana Hills	17	W
20	Tustin	35	L
23	Newport Harbor	13	W
38	Seegerstrom	14	W
42	Chaffey	8	W
35	Tesoro	31	W
30	Aliso Niguel	14	W
56	Capistrano Valley	59	L
34	El Toro	21	W

CIF-SS Division 4 - 1st Round Playoffs

28	Long Beach Poly	56	L
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## 2022 Won 7, Lost 4

(2-1) Sea View League

Head Coach - Mark Nolan

28	Katella	24	W
47	Heritage	21	W
56	Tustin	16	W
24	Newport Harbor	27	L
48	Seegerstrom	12	W
45	Los Osos	7	W
21	Tesoro	27	L
31	Aliso Niguel	20	W
17	San Juan Hills	34	L
49	El Toro	14	W

CIF-SS Division 6 - 1st Round Playoffs

51	San Jacinto	57	L
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# COLLEGE RECRUITMENT

## WHO RECRUITS TRABUCO HILLS FOOTBALL PLAYERS...

Adams State University	Linfield College	University of Massachusetts
Arizona State University	Loras Colleges	University of Michigan
Arkansas State University	McPherson College	University of Montana
Army West Point	Michigan State University	University of Nebraska Kearney
Augustana College (Rock Island)	Montana State University	University of Nevada Las Vegas
Augustana College (Sioux Falls)	Montana Tech	University of New Mexico
Benedictine University	Nebraska Wesleyan University	University of North Dakota
Bethany College	New Mexico Highlands	University of Northern Colorado
Black Hills State University	New Mexico State University	University of Oregon
Boise State University	Northern Arizona University	University of Penn
Boston College	Northwestern University	University of Pittsburgh
Brigham Young University	Occidental College	University of Puget Sound
Brown University	Ohio Wesleyan University	University of Redlands
Carroll College	Olivet Nazarene University	University of Richmond
Chadron State University	Oregon State University	University of San Diego
Colgate University	Pacific Lutheran University	University of Sioux Falls
Colorado Mesa University	Pacific University	University of South Dakota
Colorado School of Mines	Penn State University	University of Southern California
Colorado State University	Portland State University	University of Texas
Colorado State University Pueblo	Princeton University	University of Texas El Paso (UTEP)
Columbia University	Sacramento State University	University of Tulsa
Concordia University	Saddleback College	University of Utah
Concordia University (Wisconsin)	San Diego State University	University of Washington
Cornell College	San Jose State University	University of Wisconsin - Madison
Cornell University	Santa Ana College	University of Wyoming
Dartmouth College	South Dakota School of Mines and Technology	Utah State University
Davidson University	South Dakota State University	Valparaiso University
Denison University	Southern Oregon State University	Villanova University
Doane College	St. John's University	Virginia Tech University
Drake University	Stanford University	Washburn University
Duke University	Texas Christian University	Washington State University
Eastern New Mexico University	Texas Tech University	Washington University of St. Louis
Eastern Washington University	Truman State University	Weber State University
Fordham University	United States Air Force Academy	Western New Mexico University
Fort Hayes State University	University of Alabama	Western Oregon State University
Fort Lewis College	University of Arizona	Western State College of Colorado
George Fox University	University of California	William Jewell College
Georgetown University	University of California Davis	William Mary University
Hamline University	University of California Los Angeles (UCLA)	Willamette University
Harvard University	University of Colorado	Whitworth University
Hastings College	University of Connecticut	Youngstown State University
Holy Cross University	University of Hawaii	
Idaho State University	University of Idaho	
Indiana State University	University of Incarnate Word	
Iowa State University	University of Iowa	
Kalamazoo College	University of Kansas (KU)	
Kansas State University	University of La Verne	
Kenyon College	University of Mary	
Lafayette College	University of Maryland	
Lake Forest College		
Lakeland University		
Lewis and Clark College		



# MUSTANG ALUMNI HALL OF FAME

## MUSTANGS PLAYING COLLEGE/NFL FOOTBALL

**1988**

John Barnes - UCLA

**1989**

Dave Lowery - San Diego State University  
Todd Norman - Saddleback College, Nevada Reno

**1990**

Tim Manning - University of Cal Berkeley

**1991**

Al Sermano - University of Cal Berkeley

**1992**

Jeff Clayton - University of Texas  
David Corrao - University of San Diego

**1993**

Pat Barnes - University of Cal Berkeley,  
NFL-Kansas City Chiefs, WFL-1st Champion QB

**1994**

Brad Cervantes - USC  
Derek Uhl - Colorado State

**1995**

Jake Anderson - Saddleback College (National Champion),  
Youngstown University (National Champion)  
Todd Collins - Orange Coast College

**2010**

AJ Josue - Humbolt State  
JJ Mayer - Southern Utah  
Oleg Parent - North Carolina Central  
Zac Russel - Southern Utah  
JB Torsy - Central Washington

**2011**

Nick Cody - Orange Coast College, Indiana State  
Scott Thompson - North Carolina State  
Kyle Wade - Saddleback College, Indiana State  
Andrew Walsh - Cal Poly San Luis Obispo

**2012**

Jon Newsom - Orange Coast College, Northern Colorado  
Mike Talafus - San Jose State

**2013**

JT Land - Adams State  
Nathan Perry - Dixie State  
Alex Staff - UCLA

**2015**

Jake Breeland - University of Oregon

**2016**

Joel Velazquez - Boise State

**2018**

Garrett Pinvidic - Benedictine College-Kansas  
Nicholas Friedman - Trinity University-Texas  
Zadron Sekander - Saddleback College

**2019**

Andrew Gonneville - San Jose State (Mountain West  
Champions)  
JC Montgomery - Orange Coast College

**2020**

Zach Porter – Saddleback College  
Logan Lopez – Saddleback College

**2021**

Nick Serpa – Alabama  
Tevin Bowie - University of LaVerne  
Ty Barrett - Lakeland University  
Schroeder Ditch – Saddleback College  
Austin Yeager – Saddleback College, University of Dayton  
Sam Mwamba - Saddleback College  
Jaxon Smaler – Golden West

**2022**

Will Burns - Texas Tech University  
Kainoa Kruse - University of LaVerne  
Vince Meyer– Santa Ana College

# THE COACH NOLAN EFFECT

## PLAYERS WHO'VE GONE ON TO PLAY IN THE NFL WHO COACH NOLAN COACHED AND OR RECRUITED



**Ray Polk**  
Univ of Colorado at Boulder  
Seattle Seahawks  
Jacksonville Jaguars



**Jalil Brown**  
Univ of Colorado at Boulder  
Kansas City Chiefs



**Mason Crosby**  
Univ of Colorado at Boulder  
Green Bay Packers (Active)



**Brian Daniels**  
Univ of Colorado at Boulder  
Minnesota Vikings



**Jordan Dizon**  
Univ of Colorado at Boulder  
Detroit Lions



**Justin Drescher**  
Univ of Colorado at Boulder  
New Orleans Saints (Active)



**Keelan Doss**  
Univ of California, Davis  
Las Vegas Raiders (Active)



**JJ Jansen**  
Notre Dame  
Green Bay Packers  
Carolina Panthers (Active)



**Brad Jones**  
Univ of Colorado at Boulder  
Green Bay Packers



**Mason Moe**  
Univ of California, Davis  
Philadelphia Eagles (Active)



**Trent Murphy**  
Stanford  
Washington Redskins  
Buffalo Bills (Active)



**Ryan Miller**  
Univ of Colorado at Boulder  
Cleveland Browns  
Denver Broncos



**Conrad Obi**  
Univ of Colorado at Boulder  
Atlanta Falcons



**Isiah Olave**  
Univ of California, Davis  
Tampa Bay Buccaneers (Active)



**Tyler Polumbus**  
Univ of Colorado at Boulder  
Denver Broncos  
Seattle Seahawks  
Baltimore Ravens



**Jimmy Smith**  
Univ of Colorado at Boulder  
Baltimore Ravens (Active)



**Toney Clemons**  
Univ of Colorado at Boulder  
San Diego Chargers



**David Bakhtiari**  
Univ of Colorado at Boulder  
Green Bay Packers (Active)



**Nate Solder**  
Univ of Colorado at Boulder  
New England Patriots  
New York Giants



**Patrick Williams**  
Univ of Colorado at Boulder  
Green Bay Packers  
Seattle Seahawks  
Baltimore Ravens



**Terrence Wheatley**  
Univ of Colorado at Boulder  
New England Patriots  
Jacksonville Jaguars



# THE COACH NOLAN EFFECT



**Nick Kasa**  
Univ of Colorado at Boulder  
Oakland Raiders



**Vince White DB**  
Univ of California, Davis  
Washington Redskins



**Scotty McKnight**  
Univ of Colorado at Boulder  
New York Jets



**Will Pericak**  
Univ of Colorado at Boulder  
Denver Broncos



**Jack Stoll**  
Univ of Nebraska  
Philadelphia Eagles (Active)

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